© Camden Chronicle Haven Chronicle

Your Community Newspaper - FREE & Independent

STAY SAFE!

HOME & BUSINESS SECURITY TIPS

With an alarming spate of break, enter and stealing incidents happening in our area lately, it is a timely reminder to be aware of your surroundings, your business, and your neighbours - and to **stay safe and keep your property safe.**

A message from NSW Police ...

"It is surprising how many incidents we get reported to us where people have not locked their doors or windows.

"Here are 4 steps you can take to protect your home. LOCK IT, ALARM IT, LIGHT IT, RECORD IT!

Find out more about protecting your home by viewing or downloading this excellent booklet:

https://www.police.nsw.gov.au/__data/assets/ pdf_file/0016/820042/15811_Brochure -__Protect_Your_Home.pdf



Appeal for information following robbery

Police are appealing for information and dashcam footage following an alleged armed robbery on the state's Mid North Coast. **About 10.25pm Saturday 20th January 2024,** emergency services were called to a licensed premises on Ocean Drive, Kew, following reports of an armed robbery.

Officers attached to Mid North Coast Police District were told three males had threatened staff before leaving with cash. The males were described as wearing face coverings and dark clothing.

Police established a crime scene and commenced an investigation into the incident.

As inquiries continue, police are appealing for anyone with information or dashcam footage to contact Mid North Coast police, or Crime Stoppers on 1800 333 000 and at https://nsw.crimestoppers.com.au or Police Assistance Line on 131 444. Information is treated in strict confidence. The public is reminded not to report information via NSW Police social media pages.

Remember you can also use your mobile phone to take photos and to leave a report on Crime Stoppers ... https://www1.police.nsw.gov.au/mobile/cs.aspx



Kendall Branch Opening Hours

Monday 10:00am - 1:30pm
Tuesday 10:00am - 1:30pm
Wednesday 10:00am - 1:30pm
Thursday 10:00am - 1:30pm
Friday 10:00am - 2:00pm

For more information about Coastline Credit Union and its services, please visit www.coastline.com.au or contact 1300 361 066.

KENDALL COMMUNITY CENTRE



... the hub of Kendall ... 19 Comboyne Street, Kendall Phone: 02 6559 0055

Email: kendallctc@bigpond.com

Open: 9:00am to 1:00pm - Monday to Friday

Come into the Kendall Community Centre office and see what services are on offer:

- Coastline Credit Union open 5 days!
- **BOOKENDS 2nd hand books for sale CHEAP!**
- Centrelink Access Point totally free service!
- TrainLink tickets no booking fee!
- Photocopy, scan and email your documents
- Computer assistance on Tuesdays with Michael
- Justice of the Peace services Thursday 9:00-1:00
- Hall and meeting room hire
- Wi-Fi Facilities Kendall Hub
 - Access to printer/photocopier
 - Access to shared facilities including meeting room, quiet space & kitchen





Services Australia

- A local service providing access to Centrelink, Medicare and other government programs and
- $\sqrt{}$ Kendall Community Centre is an Australian **Government Services Australia Access Point.**
- Available for FREE use:
 - ♦ Computer, printer & scanner
 - ♦ Phone & fax
 - Wi-Fi
 - Documents certified
- Open Monday to Friday 9:00am to 1:00pm

If you or anyone you know needs help:

- **♦ CAMDEN HAVEN COMMUNITY at 3** call 0419 370 076
- ♦ Lifeline on 13 11 14
- ♦ QLife on 1800 184 527
- ♦ Kids Helpline on 1800 551 800
- ♦ MensLine Australia on 1300 789 978
- ◆ Suicide Call Back Service on 1300 659 467
- ♦ Beyond Blue on 1300 224 636
- ReachOut at au.reachout.com
- Headspace on 1800 650 890

- Camden Haven Chronicle -

Distributed throughout the Camden Haven including Kendall, Kew, Lakewood, West Haven, Laurieton, North Haven & Dunbogan

Volume 01: Issue 02: February 2024

Contributions welcome. Email/send editorial, interesting articles and enquiries for advertising to:-

camdenhavenchronicle@outlook.com or P.O. Box 14, Kendall 2439

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Join the email list to receive the Camden Haven Chronicle in colour!!Email camdenhavenchronicle@outlook.com

Published by Kendall Community Centre

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The Camden Haven Chronicle reserves the right to accept, amend or refuse the placement of any item, including advertising. The opinions of contributors do not necessarily reflect those of the Trust, the editor or the Chronicle team.

- FIRE INFORMATION -

| EMERGENCY | Dial 000 | | |
|-------------------------------|--------------|--|--|
| RURAL FIRES - for information | 1300 643 262 | | |

LORNE BRIGADE:

| Captain: | Aaron Sanders | 0438 074 828 | | |
|------------------|-------------------------|--------------|--|--|
| President: | Graham Nosworthy | 0419 702 993 | | |
| Secretary: | John Carter | 6556 9677 | | |
| Permit Officers: | Graham | 0419 702 993 | | |
| | Mike | 6556 9652 | | |
| | Craig | 6559 0245 | | |

CAMDEN HAVEN BRIGADE:

| Captain: | Tom Patrick | 0422 826 138 | | |
|------------------|--------------|--------------|--|--|
| Secretary: | Allan Hagney | 6559 4038 | | |
| Permit Officers: | Ron | 0408 216 885 | | |
| | Tom | 0422 826 138 | | |
| | Dave | 0402 292 550 | | |







Kendall Community Op Shop News

... From the Community ... For the Community ... To the Community

** SUNDAY OPENING! 4th February 9am-12.30pm

COMMUNITY GRANTS PROCESS

Tell everyone to get a Grant Application form at the Op Shop – available from 8th January and due in by Friday 9th February 2024 at 4 pm. Forms are also available for downloading and printing, from the Op Shop website ...

www.kendallcommunityopshop.com.au under Grants.

Op Shop GRANTS PRESENTATION NIGHT Thursday 21st March 2024 at 6pm at the Kendall Services Club – ALL WELCOME!

The objectives of the Op Shop are to assist in the provision of community development projects in the area of community services, sport and recreation, arts and culture and also participate with the funding and implementation of community projects for the enhancement and wellbeing of the residents of Kendall and District and the wider Hastings LGA. The donations to local public schools, (begun in 2023) are a helping hand to many creative activities, excursions, etc. Support may be available for one-off projects.

Op Shop Sponsorships benefit the community within non-profit local community groups or individuals or for charitable purposes.

From 2023, payments to selected charities was increased to 15 % of the total annual net profit of the Op Shop. Volunteers nominate Charities they would like to be supported by this funding – so please inform, talk to a volunteer about possible worthy Charities needing support, all suggestions are welcome!

KENDALL COMMUNITY OP - SHOP

- $\sqrt{}$ Monday to Friday: 9.00am 4.00pm
- $\sqrt{}$ Saturday: 9.00am 12.30pm
- √ Open first Sunday of every month 9:00am -12:30pm
- √ Phone: 6559 0084
- √ 1a Comboyne Street KENDALL
- √ <u>www.kendallcommunityopshop.com.au</u>

The all-important and a wonderful Presentation Night is only possible because of around 90 volunteers' endless efforts, time supporting the Op Shop's aim to raise and distribute money for the community. The presentation of the Grants, Charity Grants and Sponsorships will be at the Kendall Services Club. Information about the grants awarded will be published on the Op Shop's website

<u>www.kendallcommunityshop.com.au</u> and it will make the volunteers proud for being part of the Op Shop's Kendall team! There is also a list of all Grants, from 2009, on the website.

A big 'pink/red' display is planned for Valentine's Day Wednesday 14th February 2024

Watch out for those specials in the various departments, where there is plenty of stock available, and some sales might be on the cards. Save on school items such as uniforms, shoes, hats, students' necessities, equipment/writing tools etc. Keep an eye on our Facebook page, which will advertise these sales. The games, puzzle sections are always well stocked and the CDs, DVDs are a treasure hunters' delight. The electrical appliances could also be of interest. Planning on a formal event, wedding or engagement party? There are a huge range of beautiful cocktail, evening, wedding dresses for ladies and please note, suits for gentlemen as well – just ask any volunteer for assistance. Make ends meet and cook/bake at home for family gatherings? Browse the kitchen, cutlery, glass, baking utensils, chinaware sections as there is a tremendous choice available.

Note that rags sold in large bags for \$15 or small bags for \$8 - always a good source for 'keeping hands clean'.

Food for thought: Over the last 70 years, more than eight billion tonnes of plastics have been consumed by humans, with only a small fraction of that amount recycled responsibly. The remainder is sent to landfills or it contaminates our waterways, seas and oceans. Once there, it can have a devastating impact on marine organisms and it degrades the natural environment. Let's recycle as much as possible and avoid plastic wrapping. At the Op Shop, increasingly, our bags are paper, the recyclable bags from supermarkets, donated by volunteers

Make the volunteers proud for donating their effort and time for a good cause. Also, the volunteers can advise you how and when to receive donations. In principle, any donation should be what could be passed on to a friend as a gift.

If you are interested in volunteering and being part of giving back to the community: get an "Expression of interest" from the Op Shop at 1a Comboyne St, Kendall NSW 2439 or phone 6559 0084.

For more information browse www.kendallcommunityopshop and/or visit www.facebook.com/kendallcommunityopshop



Thank you to the Camden Haven Chamber of Commerce from the LUSC for New Year's Eve FIREWORKS!

"New Year's Eve at the Laurieton United Services Club was a vibrant celebration that brought the local community together for a night of joy and camaraderie. The club became a hub of excitement as members and guests eagerly awaited the countdown to midnight.

The evening was filled with unlimited children's entertainment, a tasty BBQ run by LUSC Fishing Club, delicious from our Boardwalk-Bistro, live music from the Hoedown Band and a lively atmosphere that encapsulated the spirit of New Year's Eve! As the clock ticked forward to 9pm, the Laurieton United Services Club fireworks was well underway.

We thank Rapid Fireworks for bringing yet another excellent display to the Laurieton foreshore. We would like to thank the Laurieton Chamber of Commerce for their contribution and continued support with LUSC's annual firework display, we are honoured to have sustained support each and every year from the Laurieton Chamber.

The sense of unity and shared celebration at the LUSC on New Year's Eve fosters a strong sense of community spirit, making it a cherished tradition for all who attend, creating memories that will last well in the new year. We thank all our members and guests for their attendance and wish you all a safe a happy New Year."

CAMPING AT KENDALL SHOWGROUND

(Camden Haven PAH&I Society) **Short-term Camping**

(Overnight to 4 nights maximum)

- \$25 per couple per night (\$5 each extra person)
- ♦ \$20 per single per night
- ♦ \$ 5 Water Levy for Van & Car washing
- Put correct cash into the completed envelopes located at the Secretary's Office and put into "Camping Money" box outside office.

Enjoy your stay and travel safely!

Camden Haven Community at 3

"Connect BBQ" Wednesdays campen Haven community at 3 at 3pm!



at the rear of Laurieton United Services Club No charge, all welcome!

Enquiries: Alan - 0419 370 076 or Theo - 0438 358 057

Established 1990

Bookends@Kendall

Opening Hours

10:00am to 1:00pm Monday Tuesday 10:00am to 1:00pm Wednesday 10:00am to 1:00pm

Thursday 9:00am to 1:00pm 10:00am to 1:00pm **Friday** Saturday 10:00am to 12:00pm

Your community second-hand bookshop! Find us at Kendall Community Centre



Camden Haven Community at 3 says THANK YOU to a very generous lady for the donation of this van!



North Branch Road, Lorne 0419 013 216

Office & Display 29 Uralla Road, PMQ - 6581 2566

Email: office@mcgarages.com.au Web: www.mcgarages.com.au

QUALITY STEEL BUILDINGS

Kendall District Garden Club News

(Patrons: Christine and Richard Cullen)

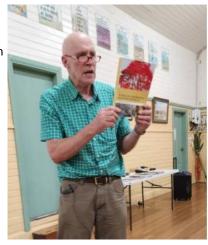
by Jim Lewin

John welcomed everyone and reminded everyone to signin. He thanked all those who contributed to last meeting's Christmas feast. Some plants were available for sale including an orchid and a Burdekin plum. More name badges will be ordered, please advise Sue if you want one. Wayne spoke about the book written by Ben Cullen who was a renowned archaeologist. Richard helped with the publishing. Mandy asked if anyone could identify a plant that had popped up in one of her pots. Loan brought in one of her prize-winning orchids. John had some tomato seedlings available.

This month's Guest Speaker was Les Mitchell. Les is an environmental landscape ecologist involved with Port Macquarie Landcare. He showed us slides of plants that grow in this area, and recommended purchasing native plants from the Port Macquarie Landcare nursery.

Landcareportmac.com.au/ nursery/ which is open on Mondays from 9am to noon.

Les also recommended a couple of useful plant books. Plants of Subtropical Eastern Australia is available from CSIRO Publishing for \$49.99. Rainforest Trees of Mainland Southeastern Australia can be purchased for \$75 from Rainforest Publishing.



Guest Speaker Les Mitchell

John thanked Les for his presentation. Several raffle prizes were drawn. Jim invited anyone interested to attend the Landcare meeting at the Kendall War Memorial Hall from 7:30pm on the fourth Monday of the month. John also encouraged people to bring in plants for the plant sale table.

Next meeting will be on Monday 19th February 2024.



Disc Bowls International in conjunction with Camden Haven Show Society are very happy to announce that the 2024 Disc Bowls International Festival will be held from 19th to 24th February 2024 at the Kendall Showground.

Last year in September there were approximately 40 motorhomes/caravans camped at the Showground over an eight-day period with 67 players in total. After the five days of competition they had a presentation at the Showground on Saturday night with players receiving their Gold, Silver and Bronze Medals and certificates.

Come along to the Kendall Showground and watch a game or two ... find out what Disc Bowls are all about!

I said to my wife, "I didn't have time to go for a jog this morning."

She replied, "You say the same thing every day!" I responded, "I know ... it's a running joke."

Men say that women should come with instructions. What's the point of that? Have you ever seen a man actually reading the instructions?

You can come and see

Peggy Landon

at the

Camden Haven Osteopathic Centre

155 Nancy Bird Walton Drive, Kew next to the Kew Corner Store

"The hands on approach to health care"

- > New patients are always welcome
- Doctor's referrals are not required
- Govt. assisted Care Plans (EPC & CDM) are accepted (5 visits per year).
- Eftpos available
- Hicaps: claim your private health fund rebate on the spot and only pay the gap fee.

6559 4026



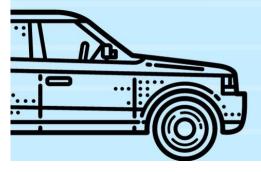


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www.camdenhavenautoparts.com.au



KENDALL MUSIC EXCHANGE



Local line up BK Blue are looking forward to perfoming their contemporary covers and original songs, with the occasional jazz piece, at the first KME for 2024.

BK Blue are Bill Strain on upright bass & vocal harmonies. Ken McArthur on guitar & lead vocals, Peter Harries on drums & their wonderful new addition to the lineup, Peter White on keyboard. This will be a fabulous night of music folks, so do come along and support live music in your community.

Dont forget our open mic is awaiting those who would like to strut their stuff, in a friendly and safe space. Recite a poem, sing song, tell us a joke or two. If its entertainment, then we would love to see it.

Feel free to bring a share plate of cold finger food. Its shaping up to be a great year of entertainment, so come along, meet new people, catch up with friends and enjoy the entertainment.

It's a new day. It's a new year, and Kendall Music Exchange is back with a great year of entertainment for you all.

Bring your friends, your family, your neighbours and support live music in your community.

Light supper supplied, but feel free to bring along a share plate of cold finger food.

\$5.00 cover charge contributes to supper and hall hire. Hope to see you there.

Kendall Music Exchange is a non-profit community event, run by volunteers who are passionate about community and music.

Seeking expressions of interest from those who would like to contribute by being a volunteer occasionally. Please email Sue via this email address, and type 'volunteer' into the subject line. kendallmusicexchange123@gmail.com

KEW-KENDALL COMMUNITY NETWORK



Meetings are held at Kendall Services & Citizens Club at 5:30pm.

Next meeting on Thursday 8th February 2024. All community groups, business and services in the Kendall-Kew area are all welcome!

How to keep your myGov account safe



by Hank Jongen (Head of Services Australia)

22nd January 2024

There are some simple things you can do to help protect your myGov account.

Here are my top five tips:

- Your sign in details are the first line of defense to your myGov account – don't share them with anyone. I'd also recommend signing in to myGov using your myGov username rather than your email or phone number. You can change this in your account settings.
- 2. Use a strong, unique password or passphrase that isn't used anywhere else the longer it is the stronger it is.
- 3. Be scam aware myGov won't send you a text message or email with a hyperlink asking you to sign in or share personal information.
- 4. To use myGov, always type my.gov.au into your internet browser or download and use the official myGov app.
- 5. To increase the security on your myGov account, choose to get a code by SMS or use the myGov Code Generator app as your second sign in option.

If you've clicked on a suspicious link or given your personal information to a scammer, and you're worried someone may try to access your myGov account, call our Scams and Identity Theft Helpdesk on 1800 941 126.

The helpdesk can check your records for suspicious activity and add security measures to prevent unauthorised access. We can also refer you to IDCARE (phone 1800 595 160), which provides a range of support for people affected by scams and identity theft.

Services Australia takes cybersecurity very seriously and has robust protections in place on its systems, including myGov. This includes monitoring and fraud detection systems to protect customers. We review and take down all fake myGov scams sites that get reported to ...

REPORTASCAM@servicesaustralia.gov.au

Texting for Seniors

BFF - best friend fell

BTW – bring the wheelchair

TTYL - talk to you louder

BYOT - bring your own teeth

LMDO – laughing my dentures out

FWIW - forgot where I was

OMMR – on my massage recliner

ROFLACGU – rolling on the floor laughing and can't get up

WAITT - who am I talking to?

Letters to the Editor

DISAPPOINTMENT ...

On Friday 15th December I was having breakfast at home as normal. At around 8.48 am I heard a strange noise out in the backyard, I looked out the back door to investigate but could see nothing out of place. But two minutes later the noise was there again, this time I'm looking out as an extremely large branch broke off one of the big gums on the reserve at the rear of our home with an enormous crash falling partly on the picnic table located there. The branch weighed possibly in excess of 500kg and about 10 meters long.

After some investigation I penned a letter to Port Macquarie Hastings Council to request the branch to be removed/cut up as it had fallen across the reserve which forms a "sign posted" part of the Beach to Beach walk and hand delivered it to the Laurieton council office at 11am.

To this point in time 19th January 2024 we have had no response from council. Thus my disappointment.

Thanks to a good friend and a little blood, sweat and tears we have removed this obstacle from the walkway which is used both am and pm by many, many locals and visitors (with their dogs) maintaining the special feel this part of Dunbogan gives everybody.

This may be Crown land but council have, in the past, sprayed the woody weeds there and made other decisions too but not this time. A reply courtesy is always welcome.

The picnic table is used by many as a rest stop or morning tea break for the walking groups. At the moment it is not safe to use but I currently have plans to repair the table, just waiting on the timber.

Charles.

- KENDALL HUB

Having trouble with your Wi-Fi?

Can't access the internet?

Your printer is not working?

No problem ... come along to the Kendall Hub at Kendall Community Centre and use our facilities!

Come into the Centre Monday to Friday from 9:00am to 1:00pm to access these facilities! Please make an appointment on 6559 0055.





Shop 9 Laurieton Mall Bold St, Laurieton



LOCAL HISTORY BOOKS

If you are interested in the area's history books relating to:

- ⇒ Kendall
- ⇒ Kew, Ross Glen & Heron's Creek ... these are available for sale at Kendall Community Centre - \$25.00 each.



CAMDEN HAVEN DAY VIEW CLUB

Membership is made up of women who meet on a monthly basis - 3rd Monday of each month at Laurieton United Services Club at 11am.

We enjoy lunch together following a short business meeting & then listen to a Guest Speaker.

Visitors & guests are always welcome!

Enquiries: Helen on 6585 4454 or Email: camdenhavendayview@gmail.com

We also have regular social events & outings to build friendships & raise money for the Smith Family's Learning for Life Program.

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Laurieton Library
LUSC
Miss Nellie's Cafe
Monterey Resort
Nellz Flipz & Chipz
North Haven Bowling Club
North Haven Service Station /
Newsagency
Riverview Café North Haven

Sandbar Café North Haven

The Meeting Place Café

WEBSITE - worth checking out! ChatGPT

ChatGPT has taken the internet by storm unless you're living under a rock.

The AI chatbot developed by OpenAI is set to revolutionize how we use the internet.

ChatGPT is one of the best websites to kill time in 2024. You can ask the AI chatbot about anything and be ready to be surprised by the answers.

If you are unsure about what to ask, you can give these ChatGPT prompts a try and have your mind blown. https://beebom.com/best-chatgpt-prompts

Dad, are we pyromaniacs? Yes, we arson.
What do you call a pig with laryngitis? Disgruntled.
Writing my name in cursive is my signature move.
Why do bees stay in their hives during winter? Swarm.
Just so everyone's clear, I'm going to put my glasses on.

For a wide range of quality handicrafts, locally made ...



KENDALL CRAFT CO-OPERATIVE LTD

Railway Street, Kendall Open every day – lOam to 3pm Find us on FACEBOOK Telephone: 6559 4644

LINEDANCING

Classes are on MONDAYS *

at Kendall Community Hall Beginners 11:00am - 12:00md Imp/Inter 12:00md - 1:00pm Cost \$10 pp

Contact Di Andrews 0418 636 278

Diamonds 'n Denim Linedancers

www.didenim.com

* not 3rd Mon of month



Kendall Community Hall

<u>Monday</u>: 4:30 - 5:30pm

5:40 - 6:40pm <u>Friday</u>: 9:00 - 10:00am

Ali - 0431 463 461

Kendall welcomes home international concert artists to kick of PhiloMusica Concert series

On Sunday, 3rd March at 2 pm the Kendall National Violin Competition welcomes home to Kendall the amazing violinist Victoria Wong (Finalist 2011 and Bach Prize Winner) and internationally acclaimed young concert artist Marcel Mok. Together these exciting young concert artists perform a program of romantic masterpieces by Schubert, Clara Schumann, Franck and Tchaikovsky. Praised in Germany for her "technically flawless playing" and her "refined playful sensuousness" Victoria Wong is currently one of the finest musicians of her generation. She has been a winner and prizewinner of numerous international competitions and has performed as soloist in important European Concert halls. She has been guest concertmaster with orchestras such as the Berliner Symphoniker, Deutsche Oper Berlin and the Sinfonisches Kammerorchester Berlin and performs regularly with the Berlin Philharmonic. Since 2023, Victoria is assistant teacher to Nora Chastain at the University of the Arts Berlin. Her piano partner Marcel Mok has established himself as one of the most promising young pianists in Germany. His multicultural heritage has brought him to study under Klaus Hellwig in Berlin with highest honours and with Roberto Plano, Bruno Canino and Hortense Cartier-Bresson in Milan and Paris. Marcel is also the winner of numerous competitions and has per-



formed with important orchestras as soloist and at renowned festivals.

Hearing these stellar young artists in Kendall will be amazing. The performance on March 3 at 2 pm at the Kendall School of Arts will be preceded by a pre-concert talk at 1 pm when Goetz Richter, founder and artistic director of the Kendall National Violin Competition speaks about "Music and Nostalgia".

Tickets for this concert are \$ 30 and can be booked at www.kendallviolin.org.au or by phoning Mavis Barnes (02) 6559 4339 or email mavis.barnes@bigpond.com

All profits from the performance will benefit the Kendall National Violin Competition. The remaining dates and artists for the Kendall National Violin Competition for the year are also available at www.kendallviolin.org.au

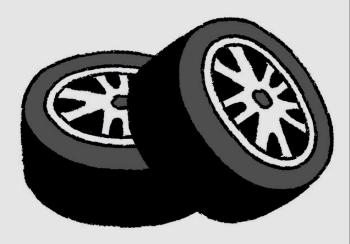




FAME, The Musical ... At the bustling High School for Performing Arts in New York City, a lively crew of aspiring students embark on a four-year whirlwind of dance, music and drama classes. The stage lights up with Carmen's encounter with a quirky talent scout. Jack's dyslexic dance through high school along with Nick and Serena's hilarious attempts at love scenes. The grand finale at graduation brings laughs, cheers and a heartwarming celebration of friendship. **This musical is a rollercoaster of fun, friendship and the pursuit of stardom.**



THE LOCAL'S LOCAL



Camden Haven Tyre & Brake is your best bet for quality mechanical servicing for your vehicle. With honest, affordable pricing, our highly experienced and fully licensed mechanics provide a range of mechanical and inspection services, specialising in tyres and brakes. Call our friendly team today to book your car, 4WD or utility vehicle in at our Laurieton service centre.

461 Ocean Drv, Laurieton 6559 9567



RIDING FOR THE DISABLED KENDALL

RDA KENDALL URGENTLY SEEKING NEW VOLUNTEERS

With the start of our 2024 season fast approaching, we are desperately seeking some new volunteers to join our team.

If you are fit and able, with a desire to be of assistance in your local community, come along and join us on a Tuesday or Wednesday morning from 8.30-1pm, where you will be able to work with horse and rider.

All training will be given, you work with a buddy until such time that you feed confident enough to be on your own.

We are always in need of new volunteers, as riders require at least 2 and sometimes 3 volunteers to assist them. It is an extremely rewarding experience when you see the joy that each rider gets from having a session on their favourite horse.

We are also seeking some local people who would be able to assist with feeding in the **AM or PM**.

Volunteer Orientation Days Tuesday 27th and Wednesday 28th February.

Riding Classes commence Tuesday 5th and Wednesday 6th March.

Anyone wishing more information please contact President Jenny McGregor on **0450 798 874.**



Sports News

- KENDALL BLUES -

Gearing Up for Exciting Rugby League Season: A Quest for Back-to-Back Premierships!!

The anticipation is building as rugby league enthusiasts prepare for the upcoming season, with the spotlight shining on the Kendall Blues. This year promises to be nothing short of thrilling, starting with the pre-season 9's competition hosted by the Kendall Blues at The Kendall Showground on 23rd March.

The Kendall Blues have the honour of hosting the preseason 9's competition, setting the stage for an electrifying series of matches that will showcase the team's skills and determination. As teams from various regions come together, fans can expect a fierce competition that will set the tone for the rest of the season.

Mark your calendars, as the season proper kicks off on the 6th April, which is the weekend after Easter. It's a time when teams put months of preparation to the test, and for the Kendall Blues, the goal is clear – to make it back-to-back premierships.

Last season, the Kendall Blues demonstrated exceptional teamwork, skill, and resilience, ultimately securing the championship title. Now, as they embark on a new season, the team is determined to carry that momentum forward and etch their name in the league's history books with consecutive premierships.

Coach James Kennedy and the entire Kendall Blues squad have been hard at work during the off-season, fine-tuning strategies and honing their individual and collective abilities. The squad's roster remains formidable, with a blend of sea-



soned veterans and promising young talents, creating a dynamic and well-balanced team poised for success.

The community is rallying behind the Kendall Blues, eager to witness the hometown heroes defend their title. The support from fans is a crucial factor that fuels the team's spirit, turning the showground into a sea of blue on match days.

As the season unfolds, keep an eye on standout players who are expected to make significant contributions. From the seasoned captain leading the charge to the rising stars making a name for themselves, each player is vital to the Kendall Blues' pursuit of glory.

The road to back-to-back premierships won't be without challenges. Rival teams are equally hungry for success, ensuring that every match will be a battle of skill, strategy, and determination. However, with the Kendall Blues' winning mind-set and the support of their passionate fan base, the team is poised to face any obstacle that comes their way.

The excitement is palpable as the rugby league community eagerly awaits the kick-off of the upcoming season. For the Kendall Blues, it's not just a quest for victory; it's a journey to solidify their status as champions, leaving an indelible mark on the rugby league landscape. Get ready for a season filled with intense competition, unforgettable moments, and, if all goes according to plan, a triumphant celebration for the Kendall Blues as they aim for back-to-back premierships.

CAMDEN HAVEN NETBALL CLUB REGISTRATION

We are ready for our season to commence, but we need you!

Player registration for 2024 is now open!

** For ages 10+ please follow this link: https://www.playhq.com/netball-australia/register/74797a

** For our Net Set Go players aged 6-9 years old, please use this link:

https://www.playhq.com/netball-australia/register/9fc8df Use PayPal.

Registration cut-off is strictly 1st March 2024.

Should you have any queries, please message our excited committee to help you!



Let's bring the fun and magic to netball in '24!

Registrations Now Open!

https://www.playrugbyleague.com/

Rego includes Shorts, Socks, Polo Shirt, and a free football. Family discounts available.

Camden Haven JRLFC still require volunteers for coaching positions. Coaches for the following age groups: 6,7,8,11,13,15,16, and girls 15s Tackle. If you would like to get involved, please contact Jarryd Gaskin.



I'd like to take this opportunity to congratulate the volunteers at Kendall Community Centre, local businesses and members of the community who have come together in support of this new publication.

In providing information about local events and activities, it will undoubtedly receive support from the broader community.

As many people would be aware, the Federal Electorate of Lyne covers the area between Rollands Plains in the north to Maitland in the south and the Camden Haven is one of the most magnificent areas that I am proud to represent in the Commonwealth Parliament.

I am pleased to support this initiative and look forward to providing further contributions in the future.

There are many issues that continue to be raised with me regarding issues at the Commonwealth level and I am always keen to hear your views and ideas. Feel free to visit my website www.davidgillespie.com.au where you can fill out the Vision 2030 Plan survey if you have any policy ideas.

Also on the website are a range of resources that can assist you including Grants Finder where community organisations and sporting groups can register for information about current and future funding programs available to assist with new equipment, infrastructure and other services.

Every blood donation can help save three lives!



Phone - 13 14 95 to make an appointment

Like to travel around NSW? Do it the easy way ... BY TRAIN!

A <u>COUNTRY PENSIONER EXCURSION</u> (CPE)

ticket is an affordable ticket for eligible pensioners & seniors to travel by train in regional NSW & ACT. Get your ticket at Kendall Community Centre.



Recipe of the Month Baked Chicken & Tomato Parcels

These chicken and tomato parcels cook in just 30 minutes.

Baking the chicken in paper, known as 'en papillote',
ensures that the flavours are retained and the meat
remains tender and juicy. Serves: 4

Ingredients

4 chicken breast fillets 1 handful fresh chopped parsley

1 tablespoon of rosemary, thyme or oregano

4 cloves garlic, thinly sliced

2 tablespoons olive oil 200g cherry tomatoes



Method

Preheat oven to 180°C and cut four pieces of baking paper approximately 30cm square. Fold each one in half to mark the centre and reopen.

Season the chicken breasts to taste and sprinkle the parsley. Place one on each sheet of paper to one side of the seam. Gently sauté the herbs and garlic in the oil. Once the garlic has browned, add the tomatoes and cook until around half have popped. Divide the mixture between the four chicken breasts.

Fold the paper into a parcel, tight enough that the juices don't escape, but also ensuring that the steam can be released.

Place the parcels on a baking tray and cook for about 20 minutes. Remove from the oven and leave to rest for five minutes. Serve the parcel unopened with a green salad and some crusty bread.

Thank you to YourLifeChoices for the recipe!

THUMBS UP! & THUMBS DOWN!



To all the volunteers in all the community groups in the Camden Haven! What would we do without you all!! THANK YOU!



To the criminals targeting our local area at the moment! Make sure you ring Crime Stoppers if you see anything that doesn't look right!

The Meeting Place Cafe

** OPEN EVERY THURSDAY **



9:00am to 12:00midday



* Coffee - Hot drinks

* Yummy Cakes & Sandwiches

Kendall Community Centre

Browse & buy interesting goods at the

MARKET STALLS & COMMUNITY GARDEN

Volunteers are also needed for regular work -

Please ring 6559 0055 or drop into the Kendall Community Centre on Thursdays to meet the Café crew.

Kendall Community Garden

As if the Gardening Crew Weren't Saucy Enough, Summer Toms Produce the Good Stuff!

Summer has seen good growth in the Community Global Food Garden, with seasonal varieties producing fruit which will soon be ready for harvest such as limes and cucumbers.

Although spasmodic rainfall has encouraged some disease in local tomatoes, the periods of hot, dry weather have allowed for a good harvest. We have found that the two-tone 'Black Russian' variety (pictured) better withstood disease and produced more fruit than the two other varieties grown this season.

With a surfeit of tomatoes this year, we thought it might be useful to share our favourite way of using up these delicious toms when they all ripen at the same time-tomato sauce!

For every kilo of ripe tomatoes we add one large chopped onion, a cup of vinegar, 125g of sugar and a teaspoon of table salt in a large pot. This all gets boiled, stirred occasionally, and strained after 2 hours. The strained sauce gets returned to the pot and reduced for about another hour or until thickened to your liking. If you put it in a sterilised jar, it can last for up to

12 months (recipe courtesy of the "Self Sufficient Me" YouTube channel).

You will be amazed at the difference in flavour from your own vineripened tomatoes- you can practically taste the sunshine! We recommend serving with hot chips and scallops from Kendall Takeaway



or with a dog's eye/ banger sanger for the patriotic crowd on Australia Day.

We hope to see any interested locals for working bees, or to pick up some sunny summer produce, Thursdays from around 9am.



Leslie WILLIAMS MP

Member for Port Macquarie



BRING BACK TO SCHOOL VOUCHERS BACK

Member for Port Macquarie, Leslie Williams is calling on the Minns Labor Government to bring back the Back to School vouchers which were introduced under the Liberals and Nationals Government and supported local families with cost of living pressures.

"In their first Budget, the Labor Government decided to axe the Back To School vouchers, a cost of living assistance package that gave all parents \$150 per child in vouchers to help with the costs of school supplies, uniforms and technology," Mrs Williams said.

"As parents and students in the Camden Haven prepare for a new school year, the pain of this decision is being felt right across our local community.

"When I'm out and about, the number one issue raised with me is the rising cost of living and people are asking what the Minns Labor Government is doing to help address the cost

of living?

"Not only did the Minns Labor Government cut this vital cost of living support initiative, they also slashed Active Kids, Creative Kids and First Lap vouchers, meaning hundreds of thousands of families are missing out," Mrs Williams said.

"The Liberals understand the importance of helping families with the cost of school, sports and extracurricular activities – that's why we implemented these vouchers.

"Chris Minns has cut them because he has lost control of the Budget, and his Minister for Education doesn't get it, describing this important support as a "cash splash".

"Camden Haven families shouldn't have to pay the price for Labor's mismanagement of the Budget.

"The Liberals will fight for families and for more support to address the increasing cost of living," Mrs Williams said.



We are here to take you there!

Need a lift? We can take you where you want to go.

Want to meet new people? See new places? Book on one of our social outings!



02 6583 8644

www.linked.org.au

Why was Cinderella so bad at soccer?

She kept running from the ball.

What did the horse say after it tripped?

Help! I've fallen and I can't giddyup!

Why can't you hear a pterodactyl going to the bathroom?

Because the 'P' is silent.

LOW IMPACT
EXERCISE
Combining
strength

Combining strength & balance

at Kendall Community Hall Wednesday 9:30 -10:30am Contact Sue on 0458 601 616



Stillness in Motion

Fridays - 9:00am to 10:30am Logans Crossing Road Contact Carol on 0427 625 751 What do you call a well-balanced horse? Stable.

This month's SUDOKU is MEDIUM HARD!

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~ Writer's Corner ~

'Our Country'

Leaving the highway seems to mean more beauty than ever, though why I cannot tell. Somehow the red earth seems redder, the spinifex and acacias more colourful; mystery surrounds the giant rock statues that appear like ruins of historic cities, while the darting yellow butterflies jete and pirouette, Fonteyne -like, in and out of the twisted blackened trunks.

Nature for me seems to be the meaning of life and this country, my country, your country, our country offers such beauty that I always find stunning. The courageous river red gums their shapes and poetry captured by surrounding colours, the ochre and the dark earth, make a stark and mighty picture.

And it can suddenly turn to a scene of blue and green, a lush juicy image of sparkling sunshine rippling through the pandanas undergrowth. And in every place, in every nook and cranny, open plains and valleys, are the animals, insects and birds that own this precious land. They all have their purpose and fit where they belong somehow having the ability to survive under any circumstance.

And so it should be for us all - we must share in making it so.

© Milly Jones 2023

MONDAY LAURIETON DISCUSSION GROUP

Meetings are held each Monday from 10am to 12pm in a quiet room in the Laurieton Library, with free coffee and tea provided.

We are currently seeking interested people who would like to participate in our Group. Each week we discuss a topic of general interest, which we previously research and present to the group. A lively discussion from each person present ensues.

The topics presented can be anything of interest on a wide variety of subjects which we choose.

It is an enjoyable way to spend a couple of hours of intelligent and humorous conversation.

Please come and join us – you would be more than welcome. So come along and see for yourself – no charge.

Please phone Carolyn on 6559 8849 or Anne on 6559 4690 for any further information.

Answers to **Brain Teasers** from page 17.



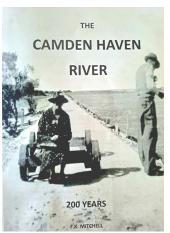
- 10. Promise
- llsd flog A . 6
 - 8. Temper
- 7. An anchor
- 6. Opportunity
 - 5. A book
 - dəəis .4
 - 3. A match
- 2. They all made right-hand turns
 - I. Death

LOCAL HISTORY

The Kew Information Centre and the local Historical Museum at Laurieton have many booklets such as this one, produced by the Camden Haven Historical Society Inc.

The Camden Haven River has much of its history including the fishing and timber industry recorded within the historical booklets such as this one.

The statement in this booklet reads: "Today the wonderful conditions that exist on our har-



bour, the facilities for Tourism, the Oyster and Fishing industries, are a credit to those that had integrity, zeal and lust for a better life and a determination to make Camden Haven a place we can all be proud to call our home. Sadly the slow demise of the Timber Industry, that was the early lifeline to our development, is now all but gone."



Call in to the Kew Information
Centre or the local Historical Museum in Laurieton to check out more of the Camden Haven history.

WANTED - Contributors to the Camden Haven Chronicle!

Budding writer? Movie reviewer? Publicity Officer for your organisation? ... **We need you!!**

You are invited to send your article to: camdenhavenchronicle@outlook.com





Are you an aspiring or accomplished writer?

Port Writers Inc. offers support and encouragement to you on your writing journey. We offer workshops on poetry, fiction, memoir, and self-publishing. Guest speakers cover a wide range of subjects.

If you like to come along to meet like-minded people to discuss all things in writing, you would be very welcome.

We meet on the 4th Saturday of the month from 1:00pm to 4:00pm at the Rotary Centre, Hastings River Drive, Port Macquarie. Follow us on Facebook (www.facebook.com/portwriters) or contact us by email for more information at portwritersinc@gmail.com



Do you know what to do if you see a koala in the wild in the local area? There are some really simple steps-

জি If they are up a tree or in a safe area living their best life, simply log that you

have spotted them on our website via the report a sighting button at the top of the home page. This information is recorded and helps inform decisions made about koalas and their habitats.

(w) If you see a koala and it looks unwell or is in an unsafe location, please call the Koala Hospital on 6584 1522 and speak to one of our volunteers.

They will ask you some questions like:

- * What is your name and location you are calling from?
- * Is the koala in an unsafe location. eg.

KOALA HOSPITAL

PORT MACQUARIE

in a backyard with dogs?

- * Does the koala they look like they have a dark stain on their bottoms?
- If they are up a tree, how far up do you think they are?

All of these questions help inform our team to make a decision as to if it is logged as a sighting or we send in the rescue crew!



If you see a snake, please keep your distance, do not try to touch it or try to contain it.

Snakes are very common particularly in summer and will regularly be seen around houses and yards. They are usually passing through and will be gone within a few hours. Keeping your lawn short and yard free of debris will reduce the likelihood of snakes in your yard.

If you stay well away from the snake it presents no immediate danger.

While many snakes are not venomous please keep children

and pets away from snakes at all times.

If you find a snake in your house, please make sure all people, children and pets are moved into other rooms and kept away until the situation is resolved. If you can safely do so, isolate the snake in the room you found it by closing the doors to the room and putting towels along the bottom of the doors. Call WIRES Rescue Line on 1300 094 737 or fill in the Rescue Form for rescue assistance. Do not approach the snake or try to contain it yourself.

If you've found a snake in your yard:

Snakes are normally only passing through a yard when they are sighted. Following all the steps above you can monitor the snake from a safe distance and they will usually move on within a few hours.

WIRES Rescue Line on 1300 094 737



02 6559 9110 FB: Kew Country Club www.laurietonclub.com

KEW COUNTRY CLUB

ENDULGE IN NEW \$19.50 DINNER SPECIALS EACH WEEK AT KEW COUNTRY CLUB!

INCLUDES MAIN MEAL AND A SCHOONER OF HOUSE BEER OR WINE!

NON-MEMBERS ONLY PAY \$5 MORE!

TO BOOK: CALL 02 6559 4203









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Send us your Public Notices, For Sale, Births, Deaths & Marriages!

House to Let

HOUSE TO RENT - KENDALL

\$550 - solar electricity - heat pump HW. Large tree yard. No cats. Send references to agent birdfriend88@yahoo.com.au
Text 0448 899 684 when sent.

Need a Justice of the Peace?

Alison Haylett JP available at Kendall Community Centre office - Thursdays 9am to 1pm.

A married couple were at a party chatting with some friends when the subject of marriage counselling came up.
"Oh, we'll never need that. We have a great relationship," the husband explained. "My wife studied inter-personal relationships in college and I got a degree in Theatre Arts."
"She communicates well and I act like I'm listening".

Brain Teasers ...

- 1. Some try to hide, some try to cheat, but time will show, we always will meet. Try as you might, to guess my name, I promise you'll know, when you do claim. Who am I?
- 2. Four cars come to a four-way stop, all coming from a different direction. They can't decide who got there first, so they all go forward at the same time. They do not crash into each other, but all four cars go. How is this possible?
- 3. Take one out and scratch my head, I am now black but once was red. What am I?
- 4. I weaken all men for hours each day. I show you strange visions while you are away. I take you by night, by day take you back. None suffer to have me, but do from my lack. What am I?
- 5. My life is often a volume of grief, your help is needed to turn a new leaf. Stiff is my spine and my body is pale, but I'm always ready to tell a tale. What am I?
- 6. What has no hands but might knock on your door, and if it does you better open up?
- 7. What do you throw out when you want to use it but take in when you don't want to use it?
- 8. I can be short and sometimes hot. When displayed, I rarely impress. What am I?
- 9. What can be driven although it doesn't have wheels, sliced but stays whole?
- 10. The cost of making only the maker knows. Valueless if bought, but sometimes traded. A poor man may give one as easily as a king. When one is broken pain and deceit are assured. What is it? (Answers on page 15)

Births



Congratulations!

Alina Tipper and Gary Neilson are pleased to welcome their son, Lyall Colin Neilson.
Born Boxing Day 2023 at Port Base Hospital.
Big and strong, weighing 5.3kg/11lb7oz, and measuring 55cm.
Thank you to the medical staff,

and to family and friends for

the care and support.

Please support your local community centre!
Get your TRAINLINK ticket
OR Country Pensioner Excursion Ticket
at Kendall Community Centre

Weekdays 9:am to 1pm

No Booking Fee!!





KENDALL COMMUNITY POOL

Opening Hours (Daylight Savings Time)

Monday - Friday: 6am - 7pm Saturday: 8am - 6pm Sunday: 10am - 6pm

Aqua Aerobics

Tuesday 8am & Thursday 8am

LAURIETON WAR MEMORIAL BATHS

Opening Hours (Daylight Savings Time)

Monday: 6am - 6pm

Monday Night Swimming Club from 6pm to 7:30pm

Tuesday - Friday: 6am - 7pm Saturday: 8am - 6pm Sunday: 10am - 6pm **Aqua Aerobics -** Friday 8am

'Listen' and 'Silent' are spelled with the same letters ... think about that.



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Kerry Tipper
0438 594 459

Find us both at Kendall Community Centre



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- ගු Closed Wed & Thurs





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Level access via the Seymour st entrance opp NRMA

02 6559 9817

We are a locally owned family practice, committed to quality healthcare.

www.laurietonpodiatry.com



KENDALL POST OFFICE

8 Comboyne Street Kendall, NSW 2439

Phone: (02) 65 594 000



What's on in and around the Camden Haven

ART CAFÉ - 2nd Sunday - 10am-12pm - Kendall Community Hall - Karina - 0431 772 698

CAMDEN HAVEN GIRL GUIDES - Thursdays - Junior - 4:30-6:00pm; Guides & Seniors - 6:30-8:30pm - Laurieton Sea Scout Hall, Tunis St, Laurieton - Kim Woodhouse - 0427 645 145 every Thursday

CAMDEN HAVEN PAH&I SOCIETY - Office open Wednesday - 9am-12pm - Kendall Showground phone 6559 4463 - President Ron Porter

CAMDEN HAVEN RURAL FIRE BRIGADE - 3rd Wednesday - 7:30pm - 179 Kendall Road, Kew - Captain Tom Patrick 0422 826 138

CAMDEN HAVEN LANDCARE - 4th Monday - 7:30pm - Kendall War Memorial Hall - Jim 6559 4352

CAMDEN HAVEN SEA SCOUTS - Mondays 6.15pm-8.15pm for Venturers ages 14-18years, Tuesdays 6-8pm for Scouts 11-14 years and Wednesdays 6-7.30pm for Cubs 8-11 years - Scout Hall Tunis St Laurieton - Joy McInally 0437 526 232

KENDALL COMMUNITY PLAYGROUP - 2nd Wednesday (term time) - 9am-10:30am - Kendall Public School - 6559 0040

DRU YOGA @ KENDALL - Fridays - 9am-10:30am - Logan's Crossing Road, Kendall - Carol 0427 625 751

EXERCISE CLASSES - low impact - Wednesdays - 9:30am-10:30am - Kendall Community Hall - Sue 0458 601 616

GOLF COACHING - Sundays - 9am - Kew Country Club - Luke Garel 6559 4596

KENDALL BOAT SHED - kayaking on the river - Tuesday & Thursday 8am (daylight saving time) - Kendall Boat Ramp - Diane 6559 0159

KENDALL BOOK CLUB - 1st Wednesday - 2pm - at 'Bookends' - next meeting - 7th February

KENDALL CWA - 3rd Tuesday - 10am - Kendall War Memorial Hall - Sue Carter 6556 9677

KENDALL GARDEN GROUP - 3rd Monday - 10am - Kendall Community Hall - John Carter - 6556 9677

KENDALL COMMUNITY GARDEN - Thursday - 10am-12pm - Kendall Community Centre - Tin Hta Nu - 6559 4834 / 0448 315 169

KENDALL KETTLES CRAFT GROUP - 2nd & 4th Monday - 9am-1pm - Kendall S&C Club - Sue Ward 0474 873 835

KENDALL MARKETS - 1st Sunday - 8am-12pm - Kendall Showground - Louise Hudson 6559 4163

KENDALL MEN'S SHED - Tuesday & Thursday - 8am-4pm & 8am-12pm - Kendall Showground - John White 0427 562 800

KENDALL MUSIC EXCHANGE - 1st Friday - 6:30pm - Kendall Community Hall - kendallmusicexchange0@gmail.com

KENDALL RIDING FOR THE DISABLED - Tuesday & Wednesday - 8:30am-1:30pm - 29 The Old Coach Road Kendall - 0450798 874

KENDALL RSL SUB-BRANCH - 2nd Sunday - 10am Kendall Services & Citizens Club - Lance 6559 4478 / 0402 477 390

KENDALL TENNIS & PICKLEBALL CLUB - Check out the Club's website for court hire & competition details - https://play.tennis.com.au/kendalltennisclub Phone Wendy on 0419 634 848.

KEW MEN'S BOWLS - Wednesday & Alternate Fri/Sat - 9am & 12:30pm - Kew Country Club - Phone Chicka Thompson 0423 787 325 or text Frank 0417 698 899

LAURIETON MEN'S SHED - Tuesday to Friday - from 8:30am - 164 Diamond Head Road Dunbogan - Phone Shed 5519 8019

LAURIETON TENNIS CLUB / Evoke Tennis - Mon, Tues & Sat - by arrangement - Laurieton Tennis Club - Quinn / Evoke Tennis 0481 369 250

LINE DANCING - Diamonds 'n Denim - Monday (not 3rd Mon) - from 11am - beginners welcome - Kendall Community Hall - Di Andrews - 0418 636 278

LONE RANGERS CRAFT - Wednesday - 10am - Lorne Community Hall - Nicole 6556 9773

LORNE RURAL FIRE BRIGADE - 2nd Monday - 7:30pm - Fire Station Stewarts River Road - Aaron 0438 074 828

NORTH HAVEN PHYSICAL CULTURE CLUB - Tuesday - Ladies classes - 10am - North Haven Community Hall) & Tuesday - little ones, juniors, teenagers & ladies - 4pm - Laurieton School of Arts - Narelle 0402 329 500 or northhavenphysie@gmail.com - Classes resume on Tuesday 13th February

PILATES WITH ALI - Monday - 4:30pm-5:30pm & Friday - 9am-10am - Kendall Community Hall - Ali 0431 463 461

TACTILE ARTS GROUP @ KENDALL - Monday to Saturday - 9am-3pm by arrangement - Kendall Showground - Carole 0427 625 751

THE MEETING PLACE CAFÉ & MARKET BAZAAR - Thursday - 9am-12pm - Kendall Community Centre - phone 6559 0055 for bookings

Any other groups? - Email details to <u>camdenhavenchronicle@outlook.com</u>



We are one, But we are many, And from all the lands on earth we come, We'll share a dream, And sing with one voice, I am, you are, we are Australian.

Songwriters: Bruce Woodley & David Newton (The Seekers)



LAURIETON

UNITED SERVICES CLUB

06 6559 9110

W W W . L A U R I E T O N C L U B . C O M













20