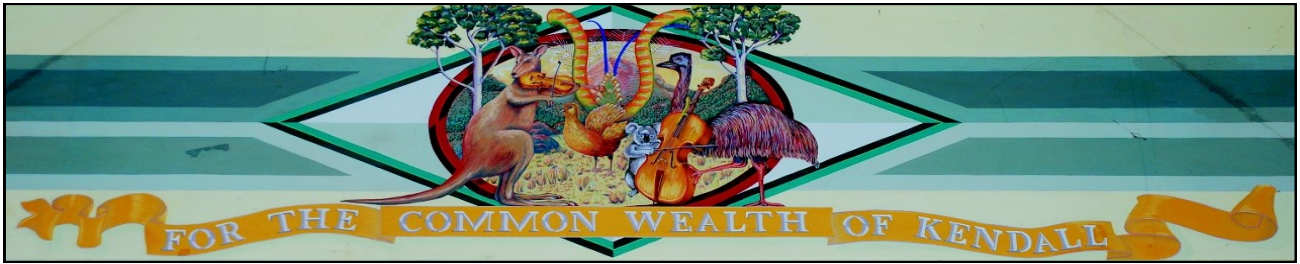


# The Kendall Chronicle



~ Your Community Newspaper ~

Free & Independent

Published by Kendall Community Centre

delivered to over 1,650 households monthly

& emailed to over 300 recipients

Volume 20: Issue 05: May 2023

## Coastline Credit Union comes to Kendall!!

### COASTLINE CREDIT UNION KENDALL AGENCY

*A Statement from Louise Hudson (Chairperson Kendall Community Centre Reserve Land Manager)*

**"We are pleased to announce that our Agency of the Coastline Credit Union will be opening in the very near future. This is wonderful news for our community.**

"Our other agency agreement will trade up until 12 noon Monday 26 June 2023.

"Coastline Credit Union was formed 25th October 1966. It was formed to provide an attractive savings scheme, an avenue for obtaining personal loans at low cost in time of need and thereby provide an opportunity for members to solve personal economic problems through mutual co-operation. That was over 56 years ago, and they have expanded into many nearby communities. The closest branches to Kendall are Port Macquarie and Taree.

"Credit Unions are unique in that as members, we can each contribute to the growth and operation of our own financial organisation, in the knowledge that we are

also making a valuable contribution to the economic growth and stability of our community.

**"Please take the time to visit their website, and familiarise yourself with all that they have to offer for you. You will not be disappointed.**

[www.coastline.com.au](http://www.coastline.com.au)

"We at the Kendall Community Centre, will keep you informed as more detailed plans are formed. Please follow us on Facebook and Instagram, and support this venture within our community." **STAY TUNED!**



### Coastline Credit Union proudly invests in the local community ...

"Community support and engagement have always been central to Coastline, and we are committed to making a direct meaningful difference to the communities we operate in.

"If Coastline sponsors an organisation, this activity provides a benefit to the community, and in turn this should provide opportunities for Coastline to expand its customer base. The growth of our customer base allows us to continue to invest and increase the percentage of funds invested back in the community."

*(Coastline Credit Union website)*



## KENDALL COMMUNITY CENTRE



*... the hub of Kendall ...*

**19 Comboyne Street, Kendall**

**Phone: 02 6559 0055**

**Email: [kendallctc@bigpond.com](mailto:kendallctc@bigpond.com)**

**Open: 9:00am to 1:00pm - Monday to Friday**

**Come into the Kendall Community Centre office and see what services are on offer:**

- ✓ **A local service providing access to Centrelink, Medicare and other government programs and services.**
- ✓ **Kendall Community Centre is an Australian Government Services Australia Access Point.**
- ✓ Using their computers, you can log in to your myGov account and do your business on the spot.
- ✓ There are phones for you to access phone self-service or speak to a department service officer.
- ✓ If you'd rather use your mobile phone or tablet, they've got free Wi-Fi available 24/7.
- ✓ You don't need a password so you can get online straightaway.
- ✓ You can also use the Wi-Fi to download and install the Express Plus mobile apps.
- ✓ The staff can even certify your identity documents for you.
- ✓ So next time you need to do some government business, drop into Kendall Community Centre.
- ✓ They're open Monday to Friday from 9:00am to 1:00pm.



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Services Australia**

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- ◆ **Lifeline on 13 11 14**
- ◆ **QLife on 1800 184 527**
- ◆ **Kids Helpline on 1800 551 800**
- ◆ **MensLine Australia on 1300 789 978**
- ◆ **Suicide Call Back Service on 1300 659 467**
- ◆ **Beyond Blue on 1300 224 636**
- ◆ **ReachOut at [au.reachout.com](http://au.reachout.com)**
- ◆ **Headspace on 1800 650 890**
- ◆ **Care Leavers Australasia Network**

**Every blood donation can help save three lives!**



Australian Red Cross  
**Lifeblood**

**Phone - 13 14 95 to make an appointment**

*Join the email list to receive the Kendall Chronicle in colour!!  
Please email [kendallctc@bigpond.com](mailto:kendallctc@bigpond.com) to join.*

### **The Kendall Chronicle**

Contributions welcome. Email/send editorial, interesting articles and enquiries for advertising to:-

**[kendallctc@bigpond.com](mailto:kendallctc@bigpond.com) or P.O. Box 14, Kendall 2439**

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**Please note** that copy may be edited for reasons of space or clarity. The views expressed in *The Kendall Chronicle* are not necessarily those of the Publisher - Kendall Community Centre.

**Disclaimer:** *Kendall Community Centre, editors and volunteers of this Newspaper have published articles herein in good faith and bear no responsibility in respect to the accuracy of the information contained in such articles. Any person or persons publishing material in this newspaper do so in the knowledge that they shall personally accept any responsibility for the accuracy and correctness of such articles and also accept full responsibility for the legal consequences if it be found that the article contains any inaccuracies in the content of any such articles.*

# Kendall Community Op Shop News

... From the Community ... For the Community  
... To the Community

Wednesday 17th May the shop will be CLOSED as all the volunteers will be treated to a "Thank You High Tea" at Miss Nellie's Kendall.

A warm welcome to a new volunteer to the team: Julie Berick.

Lately, many hours have been spent improving the inside appearance of the shop with new areas being created and focus areas established to highlight special items for sale. Overall, the reaction from our customers has been positive, and we thank everyone for the delightful comments we have received in the comments book at the shop and on Facebook. Our aim is to make everyone's Op Shopping experience even more enjoyable than before. The changes are a "work in progress" and areas which don't work well are quickly being overcome with small improvements to the layout. So have patience with us: come in to experience our "new" shop!

A sliding automatic door has just been installed making entry to the shop an absolute pleasure.. no more battling with the door handle and fly screens!

In the April Kendall Chronicle, information was published about the Yearly Grant's Night:

This all important and wonderful event was only possible because of the 90 plus volunteers' endless efforts and time in supporting the Op Shop's aim to raise and distribute money for the community.

President Sheila Ayshford thanked all in attendance and said that 'Without the phenomenal effort of the Management, and Grants Sub Committee (including support for schools' programme) and the volunteers that donate their valuable time and energy to the operations of the Op Shop, the Grants Night with its amazing results would not be possible.

She applauded the amazing team effort in support for being a valuable asset for the Camden Haven, furnishing such a continuing, enduring legacy to build and strengthen our local community and its wellbeing within the community – an outstanding resource to contributing support to many not-for-profit organisations/groups in the region.

A record of all awarded Grants since the inception of the Grants process in 2009, is published on the website [www.kendallcommunityshop.com.au](http://www.kendallcommunityshop.com.au) It makes the volunteers proud for being part of the Op Shop's Kendall team! Look under OP SHOP GRANTS.

**ANZAC DAY 2023** - A wreath was laid during the Kendall Memorial Anzac Service on 25th April, on behalf of all Op Shop

Volunteers. This year is the 100th anniversary of the Memorial being built.

The theme for our current display is Mother's Day which is Sunday, 14th May. As school holidays, Easter and Anzac day are behind us. Buy something for your mother which she enjoys, can put to use etc. to say thank-you to their year in year out endless efforts to look after their families, friends: 'A mother is your first friend, your best friend, your forever friend' and 'A mother forgives us all our faults, not to mention one or two we don't even have.'

Watch out for those specials in the various departments or even some sales might be on the cards as the changeover from summer to winter clothes has taken place. Keep your eye on the shop Facebook page for amazing one off donations which are advertised.

Note that quality material rags sold in large bags for \$15 or small bags for \$8 are always a good source to 'keeping hands clean' and it supports volunteers' efforts. It is a great community ideal – let's keep supporting each other – local businesses are at the heart of it all and the volunteers are cutting rages as much as your business needs. Ask and we shall deliver!

Why not plan a weekly shopping visit and browse at the Op Shop Kendall (check the opening times), as there are constantly changing and interesting things at bargain prices. Selling 2<sup>nd</sup> hand isn't new, but what the planet needs is more buyers!

Volunteers can advise you how to donate to assist in the elimination for unnecessary costs such as for discharging, removal and transport for unsaleable items which are dirty, stained, ripped, torn etc. In principle you donate what could be passed on to a friend as a gift. There is also a list published of items and goods which no longer can be accepted.

If you are interested in volunteering and being part of giving back to the community: get an "Expression of Interest" form from the OpShop at 1a Comboyne St, Kendall NSW 2439 or tel. 6559 0084.

For more information browse - [www.kendallcommunityopshop.com.au](http://www.kendallcommunityopshop.com.au) and/or find our Facebook page.. [www.facebook.com/kendallcommunityopshop](http://www.facebook.com/kendallcommunityopshop)

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*I pulled into a crowded parking lot and rolled down the car windows to make sure my Labrador retriever had fresh air. She was stretched out on the back seat, and I wanted to impress upon her that she must remain there. I walked to the kerb backwards, pointing my finger at the car and saying emphatically, "Now you stay. Do you hear me? Stay!"*

*The driver of a nearby car gave me a startled look. "I don't know about you, buddy," he said incredulously. "But I usually just put my car in park."*







## RIDING FOR THE DISABLED KENDALL

**Our Orientation Days were very successful and we have gained some very capable volunteers who are still going through the buddy system for training, also, for those who have not been around horses.**

It's all about building their own confidence around the horses. This is all done one step at a time, as well as only doing what they feel comfortable with at the time. These days are extremely important for all our volunteers as we go through everything as a refresher course for everyone. We all enjoyed a lovely morning tea as well as a BBQ lunch.

Our classes resumed on the 7<sup>th</sup> and 8<sup>th</sup> March, with our Riders returning after the long break, all eager to get back in the saddle, even though it has been quite warm.

We are now into Term 2 with both Tuesday and Wednesday very busy with 3 classes running each day. The first two classes on a Tuesday morning

will be with children from our local Kendall School who are enjoying riding for the very first time! It will certainly be an exciting time for them!

If anyone is still interested in volunteering, please come along on a Tuesday or Wednesday morning and have a look at what we do and see the enjoyment on the faces of the Riders.

We need your assistance, training on the job and only doing what you are comfortable with, not everything is horse related.

**Jenny McGregor - President (0450 798 874)**



**The April paddle for the Kendall Community Boatshed saw 28 paddlers gather at the Queens Lake Nature Reserve on a fine, but windy, Saturday morning.** The road into the reserve was not quite as rough as anticipated and the view from the launch site over Queens Lake provided a beautiful backdrop for a pre-paddle morning tea.

Bob's Creek is accessed by a "short" paddle across the lake from the reserve - given the wind and the extremely choppy conditions this short paddle seemed to go on far too long and the paddlers were very relieved on reaching the shelter of Bobs creek. Once in the creek, it was a very calm and tranquil paddle through the bush and gum trees on either side. We were joined by a paddler of a different sort when a solitary black swan took the lead as far as the fallen gum tree which spans the creek and blocks further access upstream (except on a low tide when you can pass under it with a bit of ducking and weaving!).

Despite wishful thinking on the part of the paddlers, conditions on the lake had not improved while we were up the creek - if anything, the waves were bigger and the wind stronger on the return trip across the lake. This made it difficult to spot

hazards in the water and a number of paddlers made contact with some submerged rocks which are usually easily avoided.

Back on dry land, the soggy paddlers lamented their damp clothes and muddy shoes while packing the kayaks on to the vehicles. **Happily, the anticipation of lunch and a few beverages at the Bonny Hills Beach Hotel was not affected and they headed off with great enthusiasm.**



## Kendall Community Boat Shed

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Established 1990

**QUALITY STEEL BUILDINGS**

# Kendall District Garden Club News

by Jim Leewin

(Patrons: Christine and Richard Cullen)

This month the excursion was a visit to SOHIP Organics at 661 Stewarts River Road at Lorne. About twenty of us attended and we were greeted by James and his sister Christie.

James gave us a background of how they developed SOHIP (Sustainable Organic Holistic Innovative Produce). We then did a tour of the farm where he showed us the compost that was being produced and James explained the process of composing the compost. With the help of agronomists and other scientific process the right soil conditions are being developed to ensure the organic vegetables grow producing the right nutrients.

The sap of the plants is tested with a brix refractometer which measures the sucrose content of the plant allowing the producer to know when to harvest the product for the maximum quality.

The farm uses insect predator control to help control pests. The timing for the release of the predators is extremely important as you don't want to have the predators active when the pests are not there.

SOHIP grows its own seedlings and use a planting method that involves a hand operated machine.



James demonstrating the transplanting process.

We arrived back at the processing shed where we had morning tea. Some people were lucky enough to ride back on the holdall of James's tractor saving them the walk across the creek and up the hill. We met the rest of the family hard at work washing sorting and packing the morning's harvest.

We then had a lovely morning tea and John presented James with the usual thank-you award.

**To learn more about SOHIP and purchase fresh vegetables check out their website at [sohiporganics.com.au](http://sohiporganics.com.au)**

**Next month's activity:** Doug advised us that next month we will be going to the Camden Haven High School to see how the agricultural training happens.

**Next meeting will be on 15th May 2023 departing from the hall at 9:30am.**

*I went to the psychiatrist today. She told me I had a split personality and charged me \$160.  
I gave her \$80 and told her to get the rest from the other idiot.*

*I read a book about how not to fall down stairs ...  
It's a step by step guide.*

*Tried calling the Tinnitus Helpline ... no answer ...  
... just kept ringing.*

*Yesterday I went to a local market and found a really old Elvis record that I have never come across before.*

*The label said, "Wooden Leg".*

*I said to the stall owner, "That's strange, I thought he sang Wooden Heart".*

*The guy running the stall replied, "Yeah, he did, but this is the pirate version".*

*A frustrated wife defines retirement: "Twice as much husband on half as much pay."*

You can come and see

## Peggy Landon

at the

### Camden Haven Osteopathic Centre

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Laurieton NSW 2443

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We are a locally owned family practice,  
committed to quality healthcare.

[www.laurietonpodiatry.com](http://www.laurietonpodiatry.com)



**Kendall Community Hall**

**Monday: 4:30 - 5:30pm**

**5:40 - 6:40pm**

**Friday: 9:00 - 10:00am**

**Ali - 0431 463 461**





## Kendall National Violin Competition continues to bring great music and talent to Kendall School of Arts

Following their thrilling 22<sup>nd</sup> national finals in Kendall in March of this year, the Kendall National Violin Competition continues to bring live classical music to the Kendall School of Arts throughout 2023.

The competition recently featured prominently and nationwide on the ABC, exposing Kendall and its artistic life and significance to national and international audiences. For the months ahead the competition is planning to continue its successful PhiloMusica series which will feature return visits of competition finalists to Kendall.

The **PhiloMusica concerts** have been presented for several years and explore connections between music and philosophy. Devised by the Artistic Director of the Competition, Associate Professor Goetz Richter, each concert includes a pre-concert talk on a philosophical topic related to the concert program.

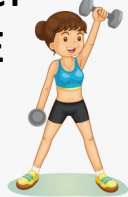
The dates for the 2023 series are June 4, August 6, September 9/10 (Festival), October 1 and November 19. The PhiloMusica concert commences at 2 pm with a pre-concert talk at 1 pm that is free for anyone attending the performance. Further details of these events are available on the competition's website (<https://www.kendallviolin.org.au/>).

In breaking news, prize-winner of the 22<sup>nd</sup> and 21<sup>st</sup> competition, **David Carreon** (photo by Nicola Dawson below) will be traveling to the US to take up a place in the post graduate degree program of the prestigious New England Conservatory in Boston shortly. David has been offered several generous scholarships in support and we are looking forward to welcoming him back to Kendall on June 4 before he heads off to the US.



### LOW IMPACT EXERCISE

Combining strength & balance



at Kendall Community Hall  
Wednesday 9:30 - 10:30am

Contact Sue on 0458 601 616

### LINEDANCING

Classes are on MONDAYS \*

at Kendall Community Hall  
Beginners 11:00am - 12:00md  
Imp/Inter 12:00md - 1:00pm  
Cost \$10 pp

Contact Di Andrews 0418 636 278  
Diamonds 'n Denim Linedancers

[www.didenim.com](http://www.didenim.com)

\* not 3rd Mon of month

## KENDALL MUSIC EXCHANGE

### 5 May 2023



**JetSAM** began as a barbershop quartet in 2020. Since then, the vocal ensemble has transformed to include electric bass, ukulele, and guitar accompaniment, whilst also expanding to embrace a broader style of vocal arrangement. The JetSAM members all love tight harmonies, which they lavish on favourite songs from classic jazz to Motown, gospel and pop.

**JetSAM** are: Vicki LeMessurier - Soprano and guitar; Maureen van Rossum de Chattel - Alto; Susan Stott - Alto, ukulele, vocal arranger; Alan Hughston - Tenor; Andrew Single - electric bass.

Come along and support live music in your community, and if you want to strut your stuff, then add your name to the blackboard for our **open mic**.

**Entry is still a teeny \$5.00 which helps us cover the hall hire and supper, equipment etc.**

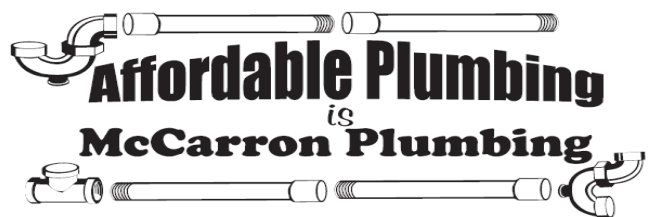
**DOORS OPEN AT 6.30PM**

*KENDALL MUSIC IS A NOT FOR PROFIT MONTHLY COMMUNITY EVENT, bringing people together in the community in a safe and comfortable environment.*

*A great place to be entertained, a great place to meet and make friends.*

## KENDALL COMMUNITY OP - SHOP

- ✓ Monday to Friday: 9.00am – 4.00pm
- ✓ Saturday: 9.00am – 12.30pm
- ✓ Sunday: 9:00am - 12:00pm
- ✓ Phone: 6559 0084
- ✓ [www.kendallcommunityopshop.com.au](http://www.kendallcommunityopshop.com.au)



\*Contact Jason 0402 970 175 \*All General Plumbing  
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# Kendall ANZAC Day



A large crowd of locals came out to commemorate ANZAC Day at Kendall and to celebrate the 100 years of the Kendall Cenotaph with the members of the RSL Sub-Branch Kendall.

The Cenotaph was officially unveiled on ANZAC Day 1923, in memory of those who served in World War One and bears the names of eleven men who were killed at the front, and 42 others who enlisted.



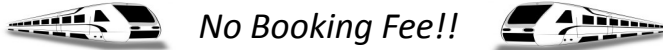
## The Soldier on the Cenotaph

The Soldier on the cenotaph, always standing tall  
 Standing for his mates that can no longer stand at all.  
 Who is this man that stands like a guardian of the names below?  
 A symbol of the wars that we have all come to know.  
 I'd say he had a taste of action and looked his enemy in the eye.  
 I'd say he was fighting for his country and wasn't afraid to die.  
 He could have been a ringer working on stations way out west  
 Or he could have been a blacksmith always doing his best.  
 He could have been a teacher, a fireman, or a man that polished shoes.  
 But we all had something in common,  
 He was just like me and you.  
 He fought in battles, in countries we couldn't hardly spell.  
 Would he make it out alive from this godforsaken hell?  
 He fought for king and country, he toiled so Australia could thrive.  
 But he left one job for us to do and that's  
 Keep the ANZAC spirit alive.  
 So, thank you for your service, mate, and the freedom we have today.  
 Your sacrifices will never be forgotten, especially on ANZAC Day.  
 Lest we forget.

by Michael Forde

**Please support your local community centre!**

**Get your TRAINLINK ticket  
 OR Country Pensioner Excursion Ticket  
 at Kendall Community Centre  
 Monday to Friday 9:00am to 1:00pm**



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Opening Hours	
Monday	10:00am to 1:00pm
Tuesday	10:00am to 1:00pm
Wednesday	10:00am to 1:00pm
Thursday	9:00am to 1:00pm
Friday	10:00am to 1:00pm
Saturday	10:00am to 12:00pm



*Your community second-hand bookshop!  
 Find us at Kendall Community Centre*

**THANK YOU FOR YOUR KIND DONATIONS  
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 space for them!**

*miss  
 nellies*



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- ☞ 8:00am to 2:00pm
- ☞ Closed Wed & Thurs
- ☞ Phone 6559 0085





## KENDALL COMMUNITY POOL

The month of March was the date for the LAPS FOR LIFE fundraiser for youth mental health by ReachOut Australia.

"More than 1 in 3 young people in Australia is currently experiencing a mental health difficulty. But there's an even bigger problem: more than 1 million of them are not accessing professional support. And, suicide remains the leading cause of death for 16-24 year olds in Australia.

"Anonymous and confidential, ReachOut is a safe place where young people can openly express themselves, get a deeper understanding and perspective on what's happening in their lives, connect with people who will provide judgement-free support, and build the resilience to manage their challenges now and in the future."

<https://about.au.reachout.com/>

Clare Wilson, Learn to Swim instructor, organised a team for Kendall Community Pool and had a team of 12 swimmers who raised \$4,252 by swimming 9,549 laps - 239.5 kilometres. This was a great community effort! Well done!

The pool heaters were turned on Monday 3<sup>rd</sup> April and was around 28 degrees. Sadly for the community, the pool closed on Friday 21<sup>st</sup> April and reopens 23<sup>rd</sup> September.

Thank you to all the community for their ongoing support of our local community pool.

### Camden Haven Community at 3 "Connect BBQ" Wednesdays at 3pm!

at the rear of Laurieton United Services Club  
No charge, all welcome!

Enquiries: Alan - 0419 370 076

or  
Theo - 0438 358 057



## - FIRE INFORMATION -

**EMERGENCY** Dial 000  
**RURAL FIRES - for information** 1300 643 262

### LORNE BRIGADE:

Captain:	Aaron Sanders	0438 074 828
President:	Graham Nosworthy	0419 702 993
Secretary:	John Carter	6556 9677
Permit Officers:	Graham	0419 702 993
	Mike	6556 9652
	Craig	6559 0245

### CAMDEN HAVEN BRIGADE:

Captain:	Tom Patrick	0422 826 138
Secretary:	Allan Hagney	6559 4038
Permit Officers:	Ron	0408 216 885
	Tom	0422 826 138
	Dave	0402 292 550



Thanks also to Matt, the manager, for all his support and his great hospitality and to all the staff - Ken, Steve, Drew, Clare, and Sharlene.

## Laurieton Footwear

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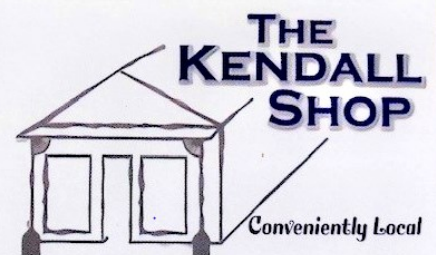
Consultations by appointment  
Kendall Community Centre

**0497 281 403**

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# Kendall Skate Park

Thank you to Leslie Williams MP and PMHC, there are funds to create a new Skate Park at the site of the old tennis courts.

Please read below and go to the website to add your ideas, your children's ideas and register for the planning workshops. Speak up!!

Excerpt from Port Macquarie Hastings Council website -

<https://haveyoursay.pmhc.nsw.gov.au/kendall-skate-park>

"A new skate park is a part of Council's commitment to create new public open spaces that provide a variety of inclusive activities for a range of residents. Keeping with the village character of Kendall, the skate park will be cohesively integrated into the landscape, while still providing opportunities for traditional skate manoeuvres and activities. This project will support the design and build of a new Skate Park in Kendall.

## Background:

Since 2017, there has been a call from Kendall residents for a new community skate park, as the current skate park is no longer suitable. This project was identified in the Kendall Main Street Masterplan (2017) and is a key priority in the Kendall Community Plan (2020). This plan was developed in collaboration with the Council and Kendall's Community-Council Action Team (CCAT).

The first stage of the project will be the demolishing of the old

tennis courts to prepare the site for construction.

For the design of the skate space, the company awarded the tender will be reaching out to the community and running interactive workshops with users.

The total investment of this project is \$600,000 with \$150,000 from Council's

Operational Plan (22/23) and \$450,000 from NSW State Government Stronger

Country Communities Fund.

Funding dependent, the site will continue to be upgraded and desired outcomes include a new and improved playground upgrade, open grass area, amenities upgrade and car parking.

## Objective:

To design and build a skate park which:

- ✓ includes suitable skate features for all skill levels.
- ✓ incorporates the natural surroundings.
- ✓ provides a wide variety of skate options and a 'point of difference' to other skate spaces in the region.
- ✓ is inclusive and accessible for all user groups.
- ✓ provides suitable and accessible amenities.

## Get Involved: Help us design your dream skate space in Kendall!

We want to hear from individuals and community members who will utilise a new skate space in Kendall. If you would like to take part in future design workshops, register on the website to get involved. You will be notified of when the workshops will be held."



## Brain Teasers ...

1. Archie lied on Mondays, Tuesdays, and Wednesdays, but told the truth every other day of the week. Kent lied on Thursdays, Fridays, and Saturdays, but told the truth every other day of the week. Archie: I lied yesterday. Kent: I lied yesterday, too. What day of the week was yesterday?
2. Every Friday, Tim visits his favourite coffee shop. Each month, he visits the coffee shop 4 times. But some months have more Fridays than others, and Tim visits the coffee shop more often. What is the maximum amount of months like this in a year?
3. What's so special about the number 8,549,176,320?
4. There were 3 red, 4 yellow and 5 green cars parked. 8 cars went away. Cars of what colour has definitely become less than it was?

5. Name the next word in the following sequence: Spots, tops, pots, opts.
6. What do an island and the letter "T" have in common?
7. What is the next letter in the following sequence? D, R, M, F, S, L, T?
8. I am the beginning of sorrow and the end of sickness. You cannot express happiness without me yet I am in the midst of crosses. I am always in risk yet never in danger. You may find me in the sun, but I am never out of darkness.

Answers on page 11.

## Need a Justice of the Peace?

Alison Haylett JP available at Kendall Community Centre office - Monday to Friday 9am to 1pm.

When I visited Australia, the immigration officer asked me if I had a criminal record ...

Confused, I replied, "Oh, is that still required?"

## Not the same since Covid?

- Fatigue
- Left-over cough
- Fuzzy head



Ph: (02) 6559 4855

Malcolm Fowler - Kendall Herbalist - since 1998



KENDALL POST OFFICE

8 Comboyne Street  
Kendall, NSW 2439

Phone: (02) 65 594 000



- Amanda Rivers -  
0434 908 545

# Kendall Community Global Food Garden

## A Nice Slice in Popeye's Paradise



We were happy to have our elected state member Leslie Williams call in during our working bee on the 23<sup>rd</sup> of March. Leslie took a break from the campaign trail to chat and enjoy some cake with the gardeners. The menu featured lemon meringue, carrot cake and a side helping of regional politics, all enjoyed in moderation of course.

It was recently remarked upon that we have no fewer than six varieties of spinach growing in the Global Food Garden! These include (pictured left to right) Surinam spinach, New Guinea spinach, Warrigal greens, Egyptian spinach, and Kang Kong (water spinach). The Warrigal greens have proven to be super-hardy, enjoying a range of soil conditions and Kang Kong is a climbing variety with a mild flavour.

For more information, feel free to come on down for spinach growing tips on Thursday mornings from around 9am (and pull a few weeds whilst here).



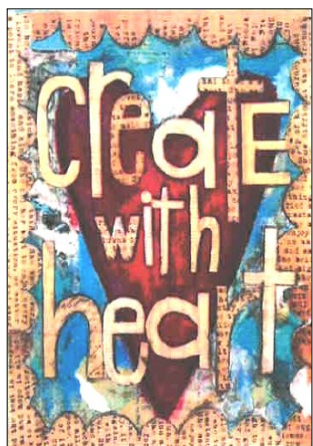
### COUNTRY HOME WANTED

Mature woman desires home in quiet area.  
Two bedrooms ideal. Room for veggie garden a plus.  
Location more important than size.  
Financially secure with great references.  
Call Maggie on 6559 4745.

*The recipe said, "Set the oven to 180 degrees."  
Now I can't open the oven, as the door faces the wall.*

### ART CAFÉ

2nd Sunday of the month 10am - 12pm  
Kendall Community Hall  
Next session -  
**14th May 2023**  
For more information  
contact Karina  
on 0431 772 698



**- Working from home?**  
**- Your internet causing you grief?**  
**PROFESSIONAL ROOM TO LET**  
\*\* Well appointed - some furniture  
\*\* Air-conditioned  
\*\* Wi-Fi by negotiation  
\*\* Central position in area  
\*\* Attractive rates!

Contact Kendall Community Centre Office  
Monday to Friday - 9am to 1pm on 6559 0055

### This month's SUDOKU is for Masters!!!!

		4	9		5	1		
	6							8
	7		8		6			3
2			5		1			7
1			3		8			9
	3		1		9			6
	5							9
		8	7		4	2		



### OPEL TIPPER HAIR

[opeltipperhair.com.au](http://opeltipperhair.com.au)

0428 785 588

### STYLE COUNTRY HAIRDRESSING



Kerry Tipper  
0438 594 459



Find us both at Kendall Community Centre





# Kendall Public School Parents & Citizens News

Kendall P&C Association recently held their Annual General Meeting. Congratulations to the following community members who were elected to executive positions for the 2023 school year Kendall P&C.

- ◆ President: Nicole Ziebell
- ◆ Vice President: Brooke Bliss & Teresa Twomey
- ◆ Secretary: Emily Smith
- ◆ Treasurer: Jen Clark
- ◆ Uniform Shop: Stacey Dowd
- ◆ Canteen: Pearl Missingham
- ◆ Social Media: Emily Harris

The next P & C meeting will be held on Wednesday 10th May @ 5.15pm for a 5.30pm sharp start.

"As a P & C we want to ensure that our P & C information is getting out to each and everyone of our families!! Whether it be the meeting minutes, volunteer info or other P & C specific info, we want you to have access to it. Our aim is to be transparent, approachable and practical!!

"If you would like to be on our mailing list please provide your email address to our email [kendallpandc@gmail.com](mailto:kendallpandc@gmail.com) or jump on to the P&C Facebook page and leave us a message. [www.facebook.com/kendallpandc](http://www.facebook.com/kendallpandc)"

**4 week Intro Offer!**  
**PICKLEBALL**  
**LEARN TO PLAY**  
10AM - 11AM  
**STARTS**  
**Wednesday**  
**10th May**  
Learn to play with Qualified Coaches  
\$49 Equipment supplied  
- No playing experience needed  
- Learn the Basics  
- 30 minute group lesson  
- Free social play afterwards.  
- must be a member (\$5 only till end of June)  
FOR MORE INFORMATION Phone Wendy on 0419634848  
Register : <https://square.link/u/GsHHzA2g>



## CAMDEN HAVEN DAY VIEW CLUB

Membership is made up of women who meet on a monthly basis - **3rd Monday of each month at Laurieton United Services Club at 11am.**

We enjoy lunch together following a short business meeting & then listen to a Guest Speaker.

Visitors & guests are always welcome!

**Enquiries: Helen on 6585 4454**

**or Email: [camdenhavendayview@gmail.com](mailto:camdenhavendayview@gmail.com)**

*We also have regular social events & outings to build friendships & raise money for the Smith Family's Learning for Life Program.*

Answers to Brain Teasers from page 9.

- Answers:**
1. Wednesday.
  2. 5.
  3. It's the only number where all the digits are arranged in alphabetical order.
  4. Green.
  5. "Stop." All the words are anagrams of each other.
  6. They are both in the middle of water.
  7. "D." Each letter represents one note in the diatonic musical scale: Do, Re, Mi, Fa, Sol, La, Ti, Do.
  8. The letter "S."

### Get reliable flood and fire notifications for your area with the Hazards Near Me NSW app.

Previously known as 'Fires Near Me', the app now shows flood and fire information.

#### To get real time updates:

- Download the latest version of the app
- Set up a 'Watch Zone' to receive alerts of any fires or floods in that area.



## REAL ESTATE

### DO YOU WANT TO BUY, SELL OR RENT A PROPERTY?

- Free property appraisal
- Free building inspection



**Call Pearl your friendly local real estate professional in Kendall.**



# 0427 925 170



[happybuyersagency@gmail.com](mailto:happybuyersagency@gmail.com)



## HAPPY BUYERS AGENCY

Port Macquarie

# COMMUNITY NOTICES - Please phone the contact for more information regarding each group.

GROUP	DAY/S	TIME	LOCATION	CONTACT
Art Café - Create with Heart	2nd Sunday of month	10.00am to 12.00pm	Kendall Community Hall	Karina 0431 772 698
Book Club Meeting	1st Wednesday	2:00pm	Bookends	Next meeting - Wednesday 3rd May
Camden Haven Girl Guides	every Thursday	Junior - 4:30-6:00pm; Guides & Seniors - 6:30-8:30pm	Laurieton Sea Scout Hall, Tunis St, Laurieton	Kim Woodhouse - 0427 645 145
Camden Haven PAH&I Show Society	Office open: Wednesday	9:00 am -12:00 md	Kendall Showground	President Ron Porter - Kendall Showground phone - 6559 4463
Camden Haven Rural Fire Brigade	3rd Wednesday	7.30pm	179 Kendall Road, Kew.	Captain Tom Patrick on 0422 826 138
Camden Haven Landcare	4th Monday	7.30pm	War Memorial Rooms	Contact Jim on 6559 4352
Community Playgroup	2nd Wednesday	9am to 10:30am (term time)	Kendall Public School	Phone school 6559 0040 for updates.
Coastal Zen Yoga	Monday Wednesday	6:45pm - 7:45pm 4:00-5:00pm	Kendall Community Hall	Amanda Rivers - 0434 908 545
Exercise Class - low impact	every Wednesday	9:30 am - 10:30 am	Kendall Community Hall	Sue 0458 601 616.
Golf Coaching/games	every Sunday	9.00am	Kew Country Club	Luke Garel 6559 4596
Kendall Boat Shed - Kayaking on the River	Paddles - Tuesday - 9:00am & Thursday 8:00am		Kendall Boat Ramp, Old Bridge Road	Diane 6559 0159.
Kendall CWA	3rd Tuesday	10.00am	War Memorial Rooms	Sue Carter 6556 9677
Kendall Community Op Shop	Monday - Fri day 9am - 4pm; Saturday 9am - 12:30pm			Phone 6559 0084.
Kendall Community Preschool	Monday to Friday	8am to 4pm	19 Railway Street, Kendall	Phone 6559 4555.
Kendall Garden Club	3rd Monday	10.00am	Kendall Community Hall	John Carter - 6556 9677.
Kendall Heritage Society	1st Thursday	12:00 md	Kendall Services Club	Phone 0428 109 234 for information.
Kendall Community Garden	Thursday	10.00am to 12.00md	Kendall Community Centre	Tin Hta Nu - 6559 4834 or 0448 315 169
Kendall Kettles Craft	2nd & 4th Monday	9.00am - 1.00pm	Kendall Services Club	Contact Sue Ward on 6559 0046.
Kendall Markets	1st Sunday	8am to 12noon	Kendall Showground	For more information contact Louise Hudson 6559 4163.
Kendall Men's Shed	Tuesday Thursday	8.00am - 4.00pm 8.00am - 12.00pm	Kendall Showground	Contact John White on 0427 562 800.
Kendall Music Exchange	1st Friday of month	Doors open at 6:30pm	Kendall Community Hall	<a href="mailto:kendallmusicexchange0@gmail.com">kendallmusicexchange0@gmail.com</a>
Kendall Riding for the Disabled	Tuesday Wednesday	8:30am - 1:30pm	29 The Old Coach Road, Kendall	Phone 0450 798 874.
Kendall Tennis & Pickleball Club	Check out the Club's website for court hire & competition details - <a href="https://play.tennis.com.au/kendalltennisclub">https://play.tennis.com.au/kendalltennisclub</a> Phone Wendy on 0419 634 848.			
Line Dancing - Diamonds 'n Denim	every Monday, (not 3rd Monday)	From 11:00am Beginners welcome anytime	Kendall Community Hall	For more information phone Di Andrews 0418 636 278.
Lone Rangers Craft	every Wednesday	10.00am	Lorne Community Hall	Nicole 6556 9773
Lorne Rural Fire Brigade	2nd Monday	7.30pm	Fire Stn Stewarts River Rd	Phone Aaron on 0438 074 828.
Tactile Arts Group at Kendall	Monday to Saturday	9:00am to 3:00pm by arrangement	Kendall Showground	Phone Carol on 0427 625 751
The Meeting Place Café & Market Bazaar	Every Thursday	9.00am - 12.00md	Kendall Community Centre	Phone 6559 0055 for bookings.
Pilates with Ali	Monday Friday	4.30pm - 5.30pm 9.00am - 10.00am	Kendall Community Hall	Ali 0431 463 461

*The last word* ... "I love making an audience gasp. I don't crave the sound of applause. I crave the sound of sharply indrawn breath. That's a good sound."  
**the late Barry Humphries.**