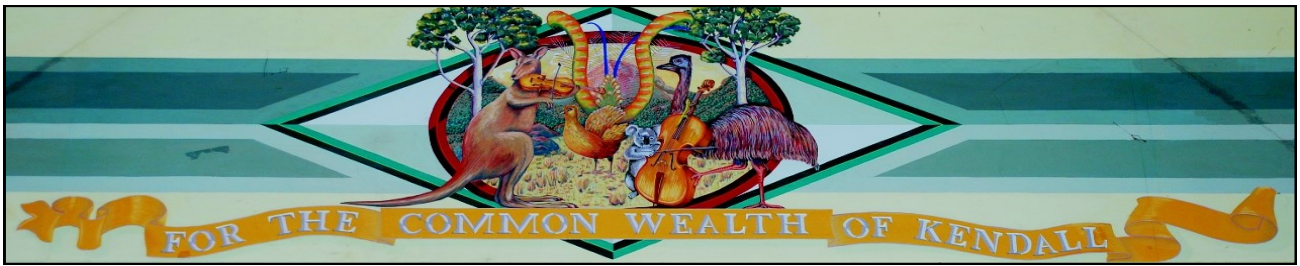


The Kendall Chronicle



~ Your Community Newspaper ~

Free & Independent

Published by Kendall Community Centre

delivered to over 1,650 households monthly

& emailed to over 300 recipients

Volume 20: Issue 06: June 2023

Coastline Credit Union news ...

On Thursday 18th May several of the staff members of the Coastline Credit Union (photo on right) attended Kendall Community Centre to assist locals and visitors with information about their current products and services.

Kristy Wills, Training and Compliance Officer, said, "... we had a really wonderful morning. It was so wonderful to talk to so many community members!"

Coastline Credit Union staff will again be available at Kendall Community Centre to assist on:

- ✓ Thursday 8th June (10am to 12:30pm)
- ✓ Thursday 15th June (10am to 12:30pm)
- ✓ Tuesday 20th June (10am to 12pm)



Website: www.coastline.com.au



High Tea at Miss Nellie's Café

To celebrate National Volunteers Week, 46 Kendall Community Op Shop volunteers (photo on left) celebrated with a wonderful High Tea at the newly restored Miss Nellie's Café Kendall, on Wednesday 17th May.



Miss Nellie's is back operating in the beautifully restored café.

Be sure to visit and have a look at the wonderful photos and try the yummy treats!

KENDALL COMMUNITY CENTRE



... the hub of Kendall ...

19 Comboyne Street, Kendall

Phone: 02 6559 0055

Email: kendallctc@bigpond.com

Open: 9:00am to 1:00pm - Monday to Friday

Come into the Kendall Community Centre office and see what services are on offer:

- ✓ A local service providing access to Centrelink, Medicare and other government programs and services.
- ✓ Kendall Community Centre is an Australian Government Services Australia Access Point.
- ✓ Using their computers, you can log in to your myGov account and do your business on the spot.
- ✓ There are phones for you to access phone self-service or speak to a department service officer.
- ✓ If you'd rather use your mobile phone or tablet, they've got free Wi-Fi available 24/7.
- ✓ You don't need a password so you can get online straightaway.
- ✓ You can also use the Wi-Fi to download and install the Express Plus mobile apps.
- ✓ The staff can even certify your identity documents for you.
- ✓ So next time you need to do some government business, drop into Kendall Community Centre.
- ✓ They're open Monday to Friday from 9:00am to 1:00pm.



Australian Government
Services Australia

- Bendigo Bank - open 5 days!
- **BOOKENDS** - 2nd hand books for sale - **CHEAP!**
- Centrelink Access Point - totally free service!
- **TrainLink tickets** - no booking fee!
- Photocopy, scan and email your documents
- Computer assistance - on Tuesdays with Michael
- **Justice of the Peace services** - every day
- Hall and meeting room hire
- **Wi-Fi Facilities**
 - ◆ Access to printer/photocopier
 - ◆ Access to shared facilities including meeting room, quiet space & kitchen

There's no excuse for domestic violence.

Call the NSW Domestic Violence Line on

1800 65 64 63

If you or anyone you know needs help:

- ◆ **CAMDEN HAVEN COMMUNITY** at 3 - call 0419 370 076
- ◆ **Lifeline** on 13 11 14
- ◆ **QLife** on 1800 184 527
- ◆ **Kids Helpline** on 1800 551 800
- ◆ **MensLine Australia** on 1300 789 978
- ◆ **Suicide Call Back Service** on 1300 659 467
- ◆ **Beyond Blue** on 1300 224 636
- ◆ **ReachOut** at au.reachout.com
- ◆ **Headspace** on 1800 650 890
- ◆ **Care Leavers Australasia Network**

Every blood donation can help save three lives!



Australian Red Cross
Lifeblood

Phone - 13 14 95 to make an appointment

Join the email list to receive the Kendall Chronicle in colour!!
Please email kendallctc@bigpond.com to join.

The Kendall Chronicle

Contributions welcome. Email/send editorial, interesting articles and enquiries for advertising to:-

kendallctc@bigpond.com or P.O. Box 14, Kendall 2439

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Please note that copy may be edited for reasons of space or clarity. The views expressed in *The Kendall Chronicle* are not necessarily those of the Publisher - Kendall Community Centre.

Disclaimer: Kendall Community Centre, editors and volunteers of this Newspaper have published articles herein in good faith and bear no responsibility in respect to the accuracy of the information contained in such articles. Any person or persons publishing material in this newspaper do so in the knowledge that they shall personally accept any responsibility for the accuracy and correctness of such articles and also accept full responsibility for the legal consequences if it be found that the article contains any inaccuracies in the content of any such articles.

Kendall Community Op Shop News

*... From the Community ... For the Community
... To the Community*

SHOP CLOSED - Monday 12th June - King's Birthday Holiday.

National Volunteers Week: All Volunteers in Australia were recognised and celebrated during 15th – 21st May 2023, and 46 Kendall Community Op Shop volunteers celebrated with a wonderful High Tea at the newly restored Miss Nellie's Café Kendall, on Wednesday 17th May.

The Op Shop's President Sheila Ayshford welcomed all, outlining some interesting statistics from the Volunteering Australia website: In 2022, there were 4.9 million people who volunteered in NSW alone, this equating to a staggering 1.5 billion hours.. estimated to be valued at 127 billion dollars. Kendall's Op Shop is proud of the contributions of it's 89 volunteers and is thankful for the ongoing support of the Kendall community.

Miss Nellie's Cafe's savories and sweets were finger food sized (the French call it: amuse-bouche). Each morsel was absolutely delicious, with the tasty treats being accompanied by a great choice of various teas or coffee. Jenelle and her team worked very hard in preparation and serving. Op Shop volunteers were delighted partake in the High Tea luncheon.

A wonderful local tradesman explained renovations, improvements, reconstruction due to flood damages of the house (now Miss Nellies Cafe) originally built for a butcher – so much planning, effort, thought and emotions contributed to the plan aimed at surviving all low/high floods in the future, but with less damage.

Kendall Op Shop Committee would like to congratulate Jenelle and her team for their hard work and commitment, and wishes to thank them most sincerely for the special introduction given to the Op Shop volunteers to the newly restored cafe.

Kendall Op Shop is staffed by around 89 volunteers who work morning or afternoon shifts. They contribute around 2,000 working hours during the opening times of the shop and generous volunteers assist with countless many more hours to distributing, sorting, delivering during out of shop hours as well as giving a helping hand with duties behind the shop's scene, not to mention the administrative/accounting and the committee based duties.

Two shop coordinators oversee the operation of shifts and the general organisation and running of the shop. The establishing of the volunteers' roster is another wonder...especially finding replacements for those who are ill or away (working around everyone's needs and wants is a job and a half!).

Volunteers are encouraged to use their skills and interests during their shift and many help co-ordinate an area of responsibility within the shop.

The shop is under the management of a committee who work to ensure the effective running of the shop. Volunteers and community members are very proud of the shop which is run entirely by unpaid volunteers, and what it has achieved both in the past and shall achieve in/for the future. It also helps to keeps the council landfills down.

Upcoming Displays include winter heaters, and table lamps.. to be given pride of place in the shop. Currently there is a special display of boots of all kinds. For those specials in the various sections, usually where there is plenty of stock available, some extra sales might be on the cards too. Knitting needles will be on sale soon.

Keep an eye on our Facebook page which will advertise these sales. All is now out for wintery conditions: boots/shoes, jackets, clothes, underwear, caps/hats, scarves/gloves – just come in and browse, it is worth your while as this is shopping where you spend just a few dollars for heaps of bargains.

Browse a big range of beautiful formal and wedding dresses, fake furs! and great suits for a fraction of the normal costs.

What a fantastic feeling to be part of a volunteering team which actively contributes to help others in need in the true-blue Australian spirit!

If you are interested in volunteering and being part of giving back to the community: get an "Expression of Interest" form from the OpShop at 1a Comboyne St, Kendall NSW 2439 or tel. 6559 0084.

For more information browse -
www.kendallcommunityopshop.com.au and/or find our Facebook page.. www.facebook.com/kendallcommunityopshop

KENDALL COMMUNITY OP - SHOP

- ✓ **Monday to Friday: 9.00am – 4.00pm**
- ✓ **Saturday: 9.00am – 12.30pm**
- ✓ **Sunday: 9:00am - 12:00pm**
- ✓ **Phone: 6559 0084**
- ✓ **www.kendallcommunityopshop.com.au**
- ✓ **Open first Sunday of every month - 9:00am -12:30pm**





TAX HELP COMING TO KENDALL COMMUNITY CENTRE

What is the Tax Help program?

The Tax Help program is a free service provided by the Australian Taxation Office designed to help people complete their tax return.

Tax Help is a community of volunteers who provide expertise and advice for those trying to complete their tax returns themselves.

The volunteers don't actually work for the ATO, but are given full training and support.

Tax Help is designed especially to help people on low incomes (less than \$60,000 for the year) or people who would describe themselves as:

- ✓ Seniors
- ✓ Students
- ✓ People from non-English speaking backgrounds
- ✓ People with a disability
- ✓ Aboriginal people and Torres Strait Islanders

Tax Help starts at Kendall Community Centre from Tuesday 25th July 2023 from 9:30am until the end of October .

Appointments must be made so please phone Kendall Community Centre on 6559 0055 Monday to Friday 9:00am to 1:00pm to make an appointment.

Picked up a hitch hiker ... he seemed like a nice guy.

After a few kilometres, he asked me if I wasn't afraid that he might be a serial killer.

I told him that the odds of two serial killers being in the same car were extremely unlikely.

Kendall-Kew Community Network ... Our Community representative group resurrected!



Recently several members of the local Kendall and Kew communities met with Leslie Williams MP to discuss matters relating to our local areas that need addressing.

It was then decided to restore the Community Network organisation that used to meet regularly at Kendall Services & Citizens Club and report on what each organisation was doing and if they needed any assistance from the community.

It was also decided to invite other members of the two communities along with business owners to attend the monthly meetings to provide input and help lobby Port Macquarie Hastings Council regarding any local issues.

Issues that were discussed include: the Kendall to Kew pathway, Logans Crossing Bridge, Kendall Skate park, Drainage near Miss Nellie's, and Kew roundabout.

Monthly meetings will be held and members of the Kendall and Kew communities and business owners are very welcome to attend, with the next meeting to be held on Thursday 15th June at 5.30pm at Kendall S&C Club. An invitation to the meeting will also be sent to all the PMHC Councillors.



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QUALITY STEEL BUILDINGS

Kendall District Garden Club News

by Jim Leewin

(Patrons: Christine and Richard Cullen)

John welcomed everyone especially two newcomers to the club. He updated us about how the Bendigo Bank Agency at the Community Centre is closing and Coastline Credit Union will be in its place.

John Carter proposed that we open an account with Coastline and this was seconded by Janet Lewin. The motion was unanimously carried. John then moved that we move our account from the Bendigo Bank to the Coastline Credit Union, Seconded by Stephanie Phillips. Again, the vote was unanimous. It was proposed by John that the signatories were to be Christine Cullen, Jim Lewin, Shirley Francis, Doug Pope and John Carter. The proposal was seconded by Margo Wright. Unanimously carried. John moved that two signatories were to sign for the account. Seconded by Wayne Sainsbury and again unanimously carried.

Some Kumquats, Leek seedlings and Rhubarb were available for anyone who wanted them. John gave instructions on how to plant the rhubarb. Some brassica seedlings had been donated by Wayne and were available from the plant table. Raffle prizes included a blood lily, pumpkin, and a euphorbia.

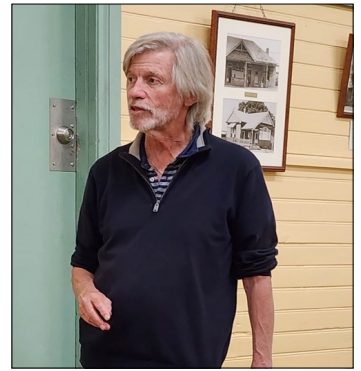
Show and Tell: a beautiful orchid from Africa and another from Central America were shown.

Originally this month we were going to go to the high school, instead our presenter was Peter West.

The subject of his talk was the Birds of the Camden Haven and Hastings Valleys. Peter is a member of the Hastings Birdwatchers (<http://www.hastingsbirdwatchers.org.au/>). The group has 135 members and has been going 30 years.

There are 330 species in our area and close to 20% are threatened with extinction. Birds need food, shelter, and areas for breeding.

Guest Speaker - Peter West, a member of the Hastings Birdwatchers.



There are several **Key Biodiversity Areas (KBAs)** in our area, and are places of global significance for the conservation of birds, and other wildlife. Peter showed us a variety of birds from the coast to the hinterland. He also showed us undesirable birds.

An app can be purchased for identifying birdcalls – “Pizzey and Knight Birds of Australia”.

After several questions, John thanked Peter for his presentation, and the raffle was drawn.

Next meeting will be held on Monday 19th June at 10:00am and the guest speaker will inform us about soil and soil improvement.



Camden Haven Community at 3 says Thank You

to the Kendall and Laurieton Catholic congregations for the generous donations of doonas, beanies and jumpers (all handmade). Photo: from left, Antonia, Frank and Ann from the Congregation.

You can come and see

Peggy Landon

at the

Camden Haven Osteopathic Centre

155 Nancy Bird Walton Drive, Kew

next to the Kew Corner Store

“The hands on approach to health care”

- New patients are always welcome
- Doctor’s referrals are not required
- Govt. assisted Care Plans (EPC & CDM) are accepted (5 visits per year).
- Eftpos available
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Kendall PhiloMusica presents ...

On Sunday, 4th June 2023 Kendall PhiloMusica presents a program of beautiful chamber music at the Kendall School of Arts.

In the Performance at 2 pm, Goetz Richter (violin) and Jeanell Carrigan (piano) are joined by young Emerging Artists David Carreon (violin), Justin Chen (viola) and Joanne Hwang (cello) to perform works by Haydn, Prokofiev, Brahms and Schubert. The Kendall PhiloMusica series combines themes of music and philosophy and the performance is preceded at 1 pm by a pre-concert talk from Dr. Goetz Richter on the topic of Musical Playing: Why Artificial Intelligence can't - and won't really play Music

Recent developments in AI such as ChatGBT suggest that technology will replace humans in many areas of life. However, musical play and playing music won't be one of them.

To argue this, Dr. Richter, an Associate Professor at the University of Sydney puts forward a view of what actually goes on when humans play music and when listeners attend to such playing. Musical playing requires existential experience which cannot be merely gathered. Attendance at the pre-concert talk is free with a concert ticket.

To book tickets please use this link <https://events.humanitix.com/kendall-philomusica-june-4-2023> or phone Mavis Barnes (02) 9665 4339 or email mavis.barnes@bigpond.com

All profits from the performance will benefit the Kendall National Violin Competition.



On left - David Carreon (photo by Nicola Dawson); on right - Joanne Hwang.



Are you an aspiring or accomplished writer?

Port Writers Inc. offers support and encouragement to you on your writing journey. We offer workshops on poetry, fiction, memoir, and self-publishing. Guest speakers cover a wide range of subjects.

If you like to come along to meet like-minded people to discuss all things in writing, you would be very welcome.

We meet on the 4th Saturday of the month from 1:00pm to 4:00pm at the Rotary Centre, Hastings River Drive, Port Macquarie.

Follow us on Facebook (www.facebook.com/portwriters) or contact us by email for more information at portwritersinc@gmail.com

- VOLUNTEERS WANTED -

Volunteers are needed for **REGULAR** work at **The Meeting Place Café on Thursdays.**



Please ring 6559 0055 or drop into the Kendall Community Centre

on Thursdays to meet the Café crew.

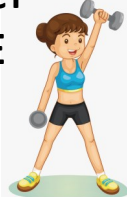
Come on ... It's lots of fun!

Need a Justice of the Peace?

Alison Haylett JP available at Kendall Community Centre office - Monday to Friday 9am to 1pm.

LOW IMPACT EXERCISE

Combining strength & balance



at Kendall Community Hall Wednesday 9:30 - 10:30am

Contact Sue on 0458 601 616

LINEDANCING

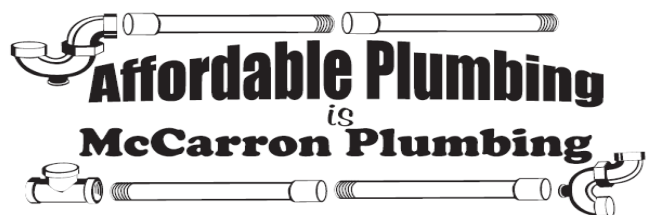
Classes are on MONDAYS *

at Kendall Community Hall
Beginners 11:00am - 12:00md
Imp/Inter 12:00md - 1:00pm
Cost \$10 pp

Contact Di Andrews 0418 636 278
Diamonds 'n Denim Linedancers

www.didenim.com

* not 3rd Mon of month



*Contact Jason 0402 970 175 *All General Plumbing
*Your local plumber, employing local people, doing local work.

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dru YOGA

Stillness in Motion



Dru Yoga is a gentle and soft **flowing** movement for the body.

COME ALONG AND LEARN TO MOVE AND RELAX THE MIND, BODY AND SOUL.

Commencing: Friday 16th June 2023

Time: 9.00am to 10.30am

Venue: Kendall War Memorial Trust Hall
Graham Street, Kendall
(next to Kendall Services Club)

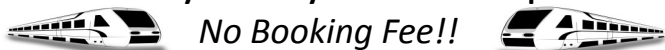
For Information and bookings:
Contact Carol on 0427 625 751



Please support your local community centre!

Get your **TRAINLINK** ticket
OR **Country Pensioner Excursion Ticket**
at **Kendall Community Centre**

Monday to Friday 9:00am to 1:00pm



No Booking Fee!!

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**** OPEN EVERY THURSDAY ****



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Opening Hours

Monday 10:00am to 1:00pm

Tuesday 10:00am to 1:00pm

Wednesday 10:00am to 1:00pm

Thursday 9:00am to 1:00pm

Friday 10:00am to 1:00pm

Saturday 10:00am to 12:00pm



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Find us at Kendall Community Centre

**THANK YOU FOR YOUR KIND DONATIONS
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**Please keep them coming - we always have
space for them!**

miss
nellies



33 River Street, KENDALL

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- ☞ Dine in or Takeaway
- ☞ Coffee, cakes, scones, light savoury menu options!
- ☞ 8:00am to 2:00pm
- ☞ Closed Wed & Thurs
- ☞ Phone 6559 0085



RIDING FOR THE DISABLED KENDALL

We have certainly had a busy start for Term 2, most of the school children are very excited to be riding, it might just take a little longer for a couple of the children. But we take it slowly where necessary and take little steps to make sure they are comfortable in what they are doing.

Mother's Day Raffle – held on the 13th May outside Coles. Thank you to everyone who purchased tickets.

1st prize 5978 Marilyn. 2nd 018 Fiona. 3rd 128 Mitchell. 4th 147 Marcia. 5th 5551 Sue.

All the horses have new winter rugs, they all look very smart in the paddock, let's hope they stay clean, if only for a short time.

We were thrilled to have Channel 7 come out to the Centre and see the progress that we have made, it was only vacant land last time that they filmed, they couldn't believe the amount of work that we have achieved. The footage and interviews were aired on the 26th April.

We are always after volunteers on Tuesday and Wednesday morning to assist with our Riders, or even if you may be available to feed the horses AM or PM.

If you are interested in volunteering, please phone Jenny McGregor - President 0450 798 874.



I don't understand why banks get upset when you can't repay a loan ... they already knew I had no money when I came to borrow it.

Camden Haven Community at 3 "Connect BBQ" Wednesdays at 3pm!

at the rear of Laurieton United Services Club
No charge, all welcome!

Enquiries: Alan - 0419 370 076

or

Theo - 0438 358 057



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PRINCIPAL Glen Stevens B.Ec LLB

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Kendall Community Centre

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admin@pmqlaw.com.au

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- FIRE INFORMATION -

EMERGENCY Dial 000
RURAL FIRES - for information 1300 643 262

LORNE BRIGADE:

Captain:	Aaron Sanders	0438 074 828
President:	Graham Nosworthy	0419 702 993
Secretary:	John Carter	6556 9677
Permit Officers:	Graham	0419 702 993
	Mike	6556 9652
	Craig	6559 0245

CAMDEN HAVEN BRIGADE:

Captain:	Tom Patrick	0422 826 138
Secretary:	Allan Hagney	6559 4038
Permit Officers:	Ron	0408 216 885
	Tom	0422 826 138
	Dave	0402 292 550

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- &
- Much More!



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TACTILE ARTS GROUP at KENDALL



The Tactile Arts Group members have been very active the last two months.

Our Open Studio at the Kendall show grounds on the first Sunday morning of the month has attracted a number of visitors. When you visit you can see some of our members working on their own projects. We are busy creating items for display and sale.

Next time when you visit the Kendall Sunday markets, pop in and say hello.

Later this month in May we are running a member's workshop on how to use moulds for clay making. Pip will be instructing us on the technique of using the moulds.

This is a free workshop for our members, and it is one of the advantages of joining our industrious and creative group.

On 20th June we will be running a workshop which is open to the public. MACHE MAGIC – Paper Clay workshop. This workshop will be presented to us by Julie.

Julie is a TAG member who always puts such effort into making her classes creative and inspiring. See contact details at end of this article.

We have included a couple of photos of the group's finished items. Photo at top - a mosaic table was done by one of our new members. Other photos display a number of completed clay works, fired and glazed.



'MACHE MAGIC' Workshop - Contact Julie on 0491 025 758

FOR FURTHER INFORMATION ABOUT TAG - PHONE : Carol 0427 625 751 - tagatkendall@gmail.com



Egg and Spinach Rice Bake

Ingredients

- 7 eggs
- ½ cup (125ml) milk
- Salt and pepper to taste
- 450g sachet microwave long grain white rice
- 250g frozen spinach, thawed and squeezed to remove excess liquid
- 2 cups (240g) grated cheese

Serve with side salad

Method

Preheat oven 180°C/160°C (fan-forced) and lightly grease a 10-cup capacity ceramic baking dish.

Whisk 3 eggs and milk together in a large mixing bowl. Season with salt and pepper. Heat microwave rice according to packet instructions. Add to egg mixture along with spinach and 1 ½ cups of cheese. Mix well. Spoon into prepared baking dish and sprinkle with remaining cheese. Bake for 25 minutes.

Remove rice bake from oven and make 4 indents in the top of the rice. Crack an egg into each indent. Return to oven and bake for a further 10-12 minutes or until egg whites are set and yolk is still runny. Serve immediately with side salad.

Recipe of the Month

Not the same since Covid?

- Fatigue
- Left-over cough
- Fuzzy head



Ph: (02) 6559 4855

Malcolm Fowler - Kendall Herbalist - since 1998



KENDALL POST OFFICE

8 Comboyne Street
Kendall, NSW 2439

Phone: (02) 65 594 000



- Amanda Rivers -
0434 908 545

Kendall Community Global Food Garden

Species of the local biome that like to call the garden “my home”.

The Global Food Garden may well be known for its wide variety of produce and salubrious membership, but there are a few residents who might be easily overlooked or hiding during busy working bees. Bees, indeed frequent the blooms, with the blue banded native adoring the perennial basil. You’d be hard pressed to find haters of these awesome pollinators. There is also a resident blue-tongued lizard who has a cosy hiding spot under the bottom wicking bed and can occasionally be seen sunbathing lazily upon the paving.

Unfortunately, not all of the locals have been so helpful or innocuous. There have been a spate of bandicoot raids in the garden beds recently, with the increase in ferocity and fre-



Lizard security guard doing a terrible job of guarding the garden from bandicoots.

quency indicative of organised bandicoot underground criminal activity. Bandicoot police have been notified and the gardeners have erected protective barricades around the beds with the most vulnerable assets.

Drop by Thursday mornings and score some great organically grown goodies. Rhubarb is on offer and world class according to one local. Limes, chillies and a variety of herbs are also currently available to compliment your Southeast Asian culinary adventures!

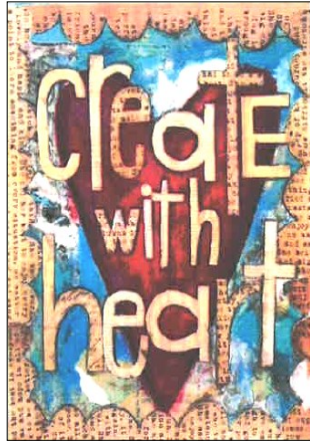
- FOR SALE -

**Tread Mill - ‘Avanti T100’
with safety key - \$400.**

Contact Joan on 6559 4196 after 4:30pm.

ART CAFÉ

2nd Sunday of the month 10am - 12pm
Kendall Community Hall
Next session -
11th June 2023
For more information
contact Karina
on 0431 772 698



CAN WE FIT...

through your gates and under your trees?

In a bush fire Cat 1 tankers are used for house protection as they carry considerably more water than the smaller Cat 7. A Cat 1 tanker is **2.4 metres wide and 7.5 metres long** and the **17.5 metre turning circle** makes it difficult to negotiate around sharp corners or make U turns.

Can we get to the rear of your house?
What about any bridges or grids will they stand the **13.7 tonne** load and if not are they marked accordingly?

NEW RURAL FIRE SERVICE

This month's SUDOKU is for Masters!!!!

		4		8		9		
7	2						6	1
			1		2			
8				2				6
1		2				8		3
9				3				4
			4		5			
6	5						4	8
		3		7		2		



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Kerry Tipper

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Find us both at Kendall Community Centre



KENDALL CWA News



The CWA Kendall Branch ladies have been busy again the last couple of months.

We had a very successful day with our stall on Voting Day 25th March. We braved the weather and at times pouring rain. We all managed to stay dry and had a great time chatting to all our community friends. Thank you for all who dropped by to say hallo and purchased items from the stall.

In April we had another wonderful time of getting together with our members "a natter over a cuppa" at our monthly friendship day.

We hope all had a great Easter break. It is hard to believe it was over a month ago now. Time flies when you are having fun.

KENDALL CWA FRIENDSHIP DAY: the 1st Tuesday of the month is our Friendship Day.

This month for May we had the pleasure of listening to a guest speaker, Michelle Drummond from the organisation

"Home Instead". The information we received will be very useful for all of us in the future. It is great to know we have options for our future care as we mature into our later years.

STATE CONFERENCE: 9th to 12th May was the NSW CWA State Conference. This year it was held in Bathurst. We are expecting to hear lots about the conference later this month.

ANZAC DAY: Some of our CWA ladies were up early and attended the dawn service at the Kendall War Memorial Park. (See photo above)

We would like to invite any ladies to come along and join our active and happy group.

Friendship Day 1st Tuesday of month and Meeting held on 3rd Tuesday of month.

For any further information on the Kendall CWA, please contact: **NAN BOWMAN - 0400 265 056**



Congratulations to all the Kendall Tennis Club Juniors who competed in the recent Junior Club Championships!

- 11 Boys - James Randall; 11 Girls - Eden Prowse.
- 11 Doubles Charlie Harris/ Eden Prowse.
- 13 Boys - Luca Gates; 13 Girls - Mia Wallace.
- 13 Doubles - Kade Prowse/ Riley Akers
- 15 Boys - Mitchell Job; 15 Girls - Jeddah Gates.
- 15 Boys Doubles - Mitchell Job/ Luca Gates.
- 15 Girls Doubles - Juliet Paabo/ Hayley Smith.
- 15 Mixed Doubles - Mitchell Job/ Juliet Paabo.
- 17/19 Boys Singles - Elwood Dollery; 17/19 Girls Singles - Abbey Agnello.
- 19 Boys Doubles - Elwood Dollery/Logan Bell.
- 19 Girls Doubles - Andie Maquire/ Charlise Dollery.
- 19 Mixed Doubles - Elwood Dollery/Andie Maquire.

Kendall Skate Park

Remember to submit your ideas, your children's ideas and register for the planning workshops. Speak up!!



Excerpt from Port Macquarie Hastings Council website
<https://haveyoursay.pmhc.nsw.gov.au/kendall-skate-park>

Laurieton Podiatry

4, 65 Bold Street
Laurieton NSW 2443

(Centrepoint Laurieton)
Level access via the Seymour st entrance opp NRMA

02 6559 9817

We are a locally owned family practice, committed to quality healthcare.

www.laurietonpodiatry.com



Kendall Community Hall

Monday: 4:30 - 5:30pm

5:40 - 6:40pm

Friday: 9:00 - 10:00am

Ali - 0431 463 461



CAMDEN HAVEN DAY VIEW CLUB

Membership is made up of women who meet on a monthly basis - **3rd Monday of each month at Laurieton United Services Club at 11am.**

We enjoy lunch together following a short business meeting & then listen to a Guest Speaker.

Visitors & guests are always welcome!

Enquiries: Helen on 6585 4454

or Email: camdenhavendayview@gmail.com

We also have regular social events & outings to build friendships & raise money for the Smith Family's Learning for Life Program.

COMMUNITY NOTICES - Please phone the contact for more information regarding each group.

GROUP	DAY/S	TIME	LOCATION	CONTACT
Art Café - Create with Heart	2nd Sunday of month	10.00am to 12.00pm	Kendall Community Hall	Karina 0431 772 698
Book Club Meeting	1st Wednesday	2:00pm	Bookends	Next meeting - Wednesday 7th June
Camden Haven Girl Guides	every Thursday	Junior - 4:30-6:00pm; Guides & Seniors - 6:30-8:30pm	Laurieton Sea Scout Hall, Tunis St, Laurieton	Kim Woodhouse - 0427 645 145
Camden Haven PAH&I Show Society	Office open: Wednesday	9:00 am -12:00 md	Kendall Showground	President Ron Porter - Kendall Showground phone - 6559 4463
Camden Haven Rural Fire Brigade	3rd Wednesday	7.30pm	179 Kendall Road, Kew.	Captain Tom Patrick on 0422 826 138
Camden Haven Landcare	4th Monday	7.30pm	War Memorial Rooms	Contact Jim on 6559 4352
Community Playgroup	2nd Wednesday	9am to 10:30am (term time)	Kendall Public School	Phone school 6559 0040 for updates.
Coastal Zen Yoga	Monday Wednesday	6:45pm - 7:45pm 4:00-5:00pm	Kendall Community Hall	Amanda Rivers - 0434 908 545
Exercise Class - low impact	every Wednesday	9:30 am - 10:30 am	Kendall Community Hall	Sue 0458 601 616.
Golf Coaching/games	every Sunday	9.00am	Kew Country Club	Luke Garell 6559 4596
Kendall Boat Shed - Kayaking on the River	Paddles - Tuesday - 9:00am & Thursday 8:00am		Kendall Boat Ramp, Old Bridge Road	Diane 6559 0159.
Kendall CWA	3rd Tuesday	10.00am	War Memorial Rooms	Sue Carter 6556 9677
Kendall Community Op Shop	Monday - Fri day 9am - 4pm; Saturday 9am - 12:30pm			Phone 6559 0084.
Kendall Community Preschool	Monday to Friday	8am to 4pm	19 Railway Street, Kendall	Phone 6559 4555.
Kendall Garden Club	3rd Monday	10.00am	Kendall Community Hall	John Carter - 6556 9677.
Kendall Heritage Society	1st Thursday	12:00 md	Kendall Services Club	Phone 0428 109 234 for information.
Kendall Community Garden	Thursday	10.00am to 12.00md	Kendall Community Centre	Tin Hta Nu - 6559 4834 or 0448 315 169
Kendall Kettles Craft	2nd & 4th Monday	9.00am - 1.00pm	Kendall Services Club	Contact Sue Ward on 6559 0046.
Kendall Markets	1st Sunday	8am to 12noon	Kendall Showground	For more information contact Louise Hudson 6559 4163.
Kendall Men's Shed	Tuesday Thursday	8.00am - 4.00pm 8.00am - 12.00pm	Kendall Showground	Contact John White on 0427 562 800.
Kendall Music Exchange	1st Friday of month	Doors open at 6:30pm	Kendall Community Hall	kendallmusicexchange0@gmail.com
Kendall Riding for the Disabled	Tuesday Wednesday	8:30am - 1:30pm	29 The Old Coach Road, Kendall	Phone 0450 798 874.
Kendall Tennis & Pickleball Club	Check out the Club's website for court hire & competition details - https://play.tennis.com.au/kendalltennisclub Phone Wendy on 0419 634 848.			
Line Dancing - Diamonds 'n Denim	every Monday, (not 3rd Monday)	From 11:00am Beginners welcome anytime	Kendall Community Hall	For more information phone Di Andrews 0418 636 278.
Lone Rangers Craft	every Wednesday	10.00am	Lorne Community Hall	Nicole 6556 9773
Lorne Rural Fire Brigade	2nd Monday	7.30pm	Fire Stn Stewarts River Rd	Phone Aaron on 0438 074 828.
Tactile Arts Group at Kendall	Monday to Saturday	9:00am to 3:00pm by arrangement	Kendall Showground	Phone Carol on 0427 625 751
The Meeting Place Café & Market Bazaar	Every Thursday	9.00am - 12.00md	Kendall Community Centre	Phone 6559 0055 for bookings.
Pilates with Ali	Monday Friday	4.30pm - 5.30pm 9.00am - 10.00am	Kendall Community Hall	Ali 0431 463 461

The last word ... "Nothing will ever be attempted if all possible objections must be first overcome."

Dr Samuel Johnson.