# **The Kendall Chronicle**



~ Your Community Newspaper ~ Free & Independent Published by Kendall Community Centre

delivered to over 1,650 households monthly & emailed to over 300 recipients Volume 20: Issue 11: November 2023

# Finally ... Kendall Show took place!

After three years of cancellations due to COVID and wet weather, lots of people visited the Kendall Showgrounds on the weekend of 14th and 15th October for the 72nd Annual Camden Haven PAH&I Society's Show.

As Doug Pope, the Show co-ordinator said, "There was something for everyone, with the horses, cattle, woodchop and chainsaw racing attracting good crowds, along with fun sideshows and displays."

Entries were down from previous years, however were of a very high quality. The cattle section attracted good entries, along with the



horses and dog show.

The crowds were entertained with lots of music, the Flair Action Motorbike Show, and Walter Whip performed his Flaming Horse display on Saturday night and Sunday afternoon.

The Show Society Committee would like to thank all the volunteers who assisted with the show, along with the 100 sponsors who supported the show's activities financially.

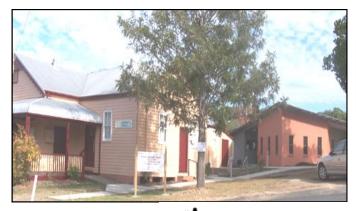




## Kendall Branch Opening Hours

Monday	10:00am - 1:30pm
Tuesday	10:00am - 1:30pm
Wednesday	10:00am - 1:30pm
Thursday	10:00am - 1:30pm
Friday	10:00am - 2:00pm

For more information about Coastline Credit Union and its services, please visit www.coastline.com.au or contact 1300 361 066.



✓ A local service providing access to Centrelink, Medicare Australian Government Services Australia

and other government programs and services.

- Kendall Community Centre is an Australian Government Services Australia Access Point.
- $\sqrt{}$  Using their computers, you can log in to your myGov account and do your business on the spot.
- $\sqrt{}$  There are phones for you to access phone self-service or speak to a department service officer.
- √ If you'd rather use your mobile phone or tablet, they've got free Wi-Fi available 24/7.
- You don't need a password so you can get online straightaway.
- $\sqrt{}$  You can also use the Wi-Fi to download and install the Express Plus mobile apps.
- $\sqrt{\phantom{1}}$  The staff can even certify your identity documents for you.
- So next time you need to do some government business, drop into Kendall Community Centre.
- √ They're open Monday to Friday from 9:00am to 1:00pm.

#### There's no excuse for domestic violence.

Call the NSW Domestic Violence Line on

### If you or anyone you know needs help:

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 CAMDEN HAVEN COMMUNITY at 3 call 0419 370 076

- Lifeline on 13 11 14
- QLife on 1800 184 527
- Kids Helpline on 1800 551 800

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- MensLine Australia on 1300 789 978
- Suicide Call Back Service on 1300 659 467
- Beyond Blue on 1300 224 636
- ReachOut at <u>au.reachout.com</u>
- Headspace on 1800 650 890
- Care Leavers Australasia Network

### **KENDALL COMMUNITY CENTRE**



*... the hub of Kendall ...* 19 Comboyne Street, Kendall Phone: 02 6559 0055 Email: kendallctc@bigpond.com

Open: 9:00am to 1:00pm - Monday to Friday

## Come into the Kendall Community Centre office and see what services are on offer:

- Coastline Credit Union open 5 days!
- BOOKENDS 2nd hand books for sale CHEAP!
- Centrelink Access Point totally free service!
- TrainLink tickets no booking fee!
- Photocopy, scan and email your documents
- Computer assistance on Tuesdays with Michael
- Justice of the Peace services every day
- Hall and meeting room hire
- Wi-Fi Facilities
  - Access to printer/photocopier
  - Access to shared facilities including meeting room, quiet space & kitchen



Join the email list to receive the Kendall Chronicle in <u>colour</u>!! Please email <u>kendallctc@biqpond.com</u> to join.

#### The Kendall Chronicle

Contributions welcome. Email/send editorial, interesting articles and enquiries for advertising to:-

#### kendallctc@bigpond.com or P.O. Box 14, Kendall 2439

Deadline - 15th of every month. Printing and distribution at the end of every month.

Please note that copy may be edited for reasons of space or clarity. The views expressed in *The Kendall Chronicle* are not necessarily those of the Publisher - Kendall Community Centre.

**Disclaimer:** Kendall Community Centre, editors and volunteers of this Newspaper have published articles herein in good faith and bear no responsibility in respect to the accuracy of the information contained in such articles. Any person or persons publishing material in this newspaper do so in the knowledge that they shall personally accept any responsibility for the accuracy and correctness of such articles and also accept full responsibility for the legal consequences if it be found that the article contains any inaccuracies in the content of any such articles.

## Kendall Community Op Shop News

... From the Community ... For the Community ... To the Community

Times are challenging, cost of living is rising...we can help you make ends meet and also keep to your budget, so shop at the Op Shop Kendall – it's great therapy for the soul too.

There is always a (popup) sale, come in and have a browse in the various sections, there might be even a range of reduced-priced collectables, so come in and browse for those special offers.

Remember **Op Shop Gift Vouchers** - these make great Christmas presents- there is also the option of purchasing a "Pay It Forward" gift voucher.. some one in need will be given a surprise gift from you in the form of the Gift Voucher you purchased, and left at the Op Shop..

A truly unforgettable experience for both parties.

Winter clothes have been replaced by our summer range – the Op Shop provides a great way to avoid 'FAST FASHION' – when too many new items are purchased for every new fash-ion-season.

Check your wardrobe and be honest: how many have never worn? Many 'FAST FASHION' clothes are no longer of long-lasting quality. Buying second-hand (but often brand new and never worn) helps to counteract this trend of 'FAST FASHION'. Wear your clothes for two seasons, shop at the Op Shop... help reduce CO2-emmissons by up to 24 %.

A DATE FOR YOUR DIARY! Monday, 30th October

Our famous **CHRISTMAS DISPLAY** – make some time to come in and browse to shop at affordable prices for the festive season for the family and friends.

In the week leading up to the date (beginning 21st October) the shop has available for sale a range of pre Christmas craft items, for the very keen.

A small team of Volunteers gets together throughout the year but especially from October onwards to sort all the Christmas wares - it is a major task to prepare them for selling at the Op Shop from November until Christmas Eve. Donations often come in bundles, so everything has to be sorted by category, put themed items or by colours together and neatly packed into bags, or boxed in order to be presented in an attractive way. Christmas goodies include...

Angels, bauble packs, bon bons, candles, candle holders, cards, caps/clothes, hats, decorations for display at work/ office, schools and/or at home, figurines, garlands and wreaths, gift cards, glassware, -kitchen items, lights, napkins, ornaments, wrapping paper, reindeers, ribbons, Santa items, soft toys, solar lights, table top decorations, tea towels, tinsels,

tree decorations, tree stands... Just come in and browse, to create a festive mood by spending only a few dollars.

All volunteers are contributing their time and efforts to sales at the Op Shop to the next Grant's



Award Night in March 2024. They are supporting the community. Around 85 volunteers give their time for many tasks at hand, they try to give every customer what they are looking for as they assist to accommodate their requests. With their compassion – vision – sustainability they are not only volunteering at the Op Shop, many are completing many more duties and contributing endless hours to sorting and labelling donations for selling. It's a great community within the community of Kendall.

Volunteers have a Christmas luncheon at the LUSC on Friday, 8 December 2022 and the Op Shop will be closed for that Friday.

For more information, and the Op Shop's Annual Report: browse <u>www.kendallcommunityopshop.com.au</u> and/or look at the shop's Facebook page.. <u>www.facebook.com/</u> <u>kendallcommunityopshop</u>.

Make the volunteers proud for donating their effort and time for a good cause. Everyone can pass by the Op Shop Kendall (check the opening times). Selling 2<sup>nd</sup> hand isn't new, but what the planet needs is more buyers for recycled items – stop buying new every year, do it only every 2<sup>nd</sup> year!

**If you are interested** in volunteering at Kendall Op Shop, pick up an "Expression of Interest' form from the Op Shop at 1a Comboyne St, Kendall NSW 2439 or phone 6559 0084. <u>www.kendallcommunityopshop.com.au</u> or www.facebook.com/kendallcommunityopshop

## KENDALL COMMUNITY OP - SHOP

- $\sqrt{}$  Monday to Friday: 9.00am 4.00pm
- √ Saturday: 9.00am 12.30pm
- Open first Sunday of every month -9:00am -12:30pm
- √ Phone: 6559 0084
- $\sqrt{1a}$  Comboyne Street KENDALL
- v www.kendallcommunityopshop.com.au



## "Kendall must hear this brilliant young musician"

The final Kendall PhiloMusica concert for 2023 will be presented on 19th November at 2 pm at the Kendall School of Arts.

It will feature the amazing pianist **Nicholas Kennedy** (pictured on right) who performs works by Handel, Beethoven and Brahms. Nicholas Kennedy will also attend the pre-concert talk at 1 pm on the day (free with the concert ticket).

Acclaimed for his "stirring, magnetic and powerful" performances (Arts Hub), Sydney-born Nicholas Kennedy is among Australia's most exciting young musicians.

Nicholas made his concerto debut in 2014, performing Beethoven's Piano Concerto No. 1 with the Kuring-Gai Philharmonic Orchestra. He has subsequently appeared in Germany, the United Kingdom and throughout Australia.

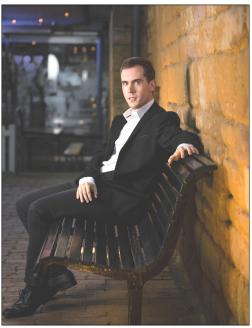
Besides performance, Nicholas is

deeply engaged with music research, focussing on piano music of the nineteenth century and the intersection between analysis and praxis.

An award-winning article on Chopin's Fantasy Op. 49 has appeared in The Chopin Review, and in October 2023 he will be a presenter at the international artistic research symposium, Performers(') Present, in Singapore.

His debut album, featuring Beethoven's last three piano sonatas, was released on the Orpheus Classical label in 2021 and is available on all major streaming platforms.

Goetz Richter, Artistic Director of the Kendall National Violin Competition recently attended a recital by Nicholas Kennedy and immediately decided that "Kendall must hear this brilliant young musician". His Intuition was confirmed



when Nicholas agreed and informed him that his great-grandmother grew up in Kendall!

**Do not miss this event** ... bookings https://events.humanitix.com/kendallphilomusica-november-19-2023 or phone Mavis Barnes (02) 6559 4339 or email mavis.barnes@bigpond.com



### KENDALL COMMUNITY POOL

**Opening Hours** (Daylight Savings Time) Monday - Friday: 6am - 7pm Saturday: 8am - 6pm Sunday: 10am - 6pm

Aqua Aerobics Tuesday 8am & Thursday 8am Answers to Brain Teasers on page 5.

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- der water.3. Try to pronounce the sentence like these characters:
- that crosses the finish line last wins the fortune. The wise man simply told them to switch camels.2. The trawler rises with the waves, so no steps will go un-
  - 1. The rules of the race were that the owner of the camel

I thought swimming with the dolphins was expensive until I went swimming with the sharks ... cost me an arm and a leg.

Scientists have grown human vocal chords in a petri dish ... the results speak for themselves.



November 2023

## Kendall District Garden Club News

by Jim Lewin

#### (Patrons: Christine and Richard Cullen)

John welcomed everyone including newcomers and visitors. He thanked all those who contribute morning tea eats. He mentioned a couple of invitations to South West Rocks and the Hannam Vale Open Gardens.

The Camden Haven Agricultural Show was well



attended with numbers exceeding pre-Covid levels. However, the quantity of competition entries was markedly down. He exhorted us all to ensure we have entries ready for next year's show. Raffle prizes included a Hoya, Epithelium, Begonia, Bleeding Heart Vine and cut flower Gerberas.

Prize winning orchids from Loan were on display and John presented her with the Champion of Champions Sash (see photo above).

The most successful exhibitor was Di Pope and John also presented her with a sash. All the winners were congratulated. Di had brought in some Heliconia cuttings for the taking. Paul had some Dragon Fruit cuttings for planting. Bud gave away several pots and tools.

The Speaker today was our President: John Carter. John talked about propagating plants in soil and the sorts of pots to use. Square pots allow roots to descend while round ones cause them to wrap around. John likes Seasol as a fertilizer as well as liquefied cow manure or worm farm "tea". Doug thanked John for his presentation.

Next meeting will be on 20th November 2023.

## Brain Teasers ...

- 1. An Arab sheik is old and must will his fortune to one of his two sons. He makes a proposition. His two sons will ride their camels in a race, and whichever camel crosses the finish line LAST will win the fortune for its owner. During the race, the two brothers wander aimlessly for days, neither willing to cross the finish line. In desperation, they ask a wise man for advice. He tells them something; then the brothers leap onto the camels and charge toward the finish line. What did the wise man say?
- 2. There is a fishing trawler, with a ladder in it, leaning against a wall at the harbor. There are five oars and two fishing nets in the trawler. The distance between two consecutive steps on the ladder is 1 meter. If waves lashing against the wall rise half meter in every half hour, in how much time will six steps of the ladder get under the waves?
- 3. A man wanted to encrypt his password but he needed to do it in a way so that he could remember it. He had to use seven characters consisting of letters and numbers only (no symbols like ! or <). In order to remember it, he wrote down "You force heaven to be empty." What is his password?





#### **RIDING FOR THE DISABLED KENDALL**

#### We are back in the saddle for our busy Term 4.

All the school children are thoroughly enjoying their riding, we have had a new student from Kendall School start with great excitement as it was his first time on a horse! Smiles all round! So good to see. We have also welcomed a couple of our previous riders, great to see them back with us again!

We finally had work completed through the school holidays on our concrete driveway from entry to exit, along with a disability carpark space. This was thanks to grant funding under NSW Government's 2022 Community Building Partnership.

A NEW HORSE, Finn, has joined our Kendall herd, he is quickly becoming one of the favourites, as he has a wonderful nature.

We have a great Christmas Raffle which will be drawn on 18th November outside Coles at Laurieton, with 1st Prize being Golf Game for 2 including Cart Hire. Other prizes will be hampers with Christmas goodies and vouchers etc. Please contact for tickets, \$1.00 each.

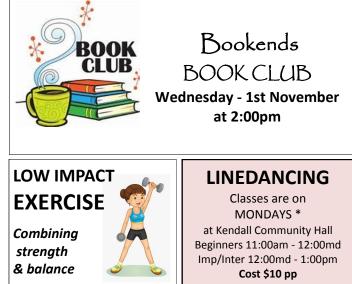
Our last riding days for the year will be Tuesday 5th December and Wednesday 6th December, celebrating with our Riders a special Christmas morning tea on both days.

Bookends@Kendall

Monday Tuesday Thursday Friday Saturday

**Opening Hours** 10:00am to 1:00pm 10:00am to 1:00pm Wednesday 10:00am to 1:00pm 9:00am to 1:00pm 10:00am to 1:00pm 10:00am to 12:00pm

Your community second-hand bookshop! Find us at Kendall Community Centre



Contact Di Andrews 0418 636 278 Diamonds 'n Denim Linedancers

www.didenim.com \* not 3rd Mon of month

Photo on right: Our new horse, Finn - already a favourite!





Photo on left: Our concrete driveway.

We would like to thank everyone who has supported us on our journey with this New Centre and wish you all a wonderful Christmas and a safe New Year, it has certainly been a busy year, but so worth it! THANK YOU.

Anyone wishing to volunteer with us now or in the New Year, please phone, you will be very welcome.

We are also in need of FEEDERS AM or PM if anyone local could assist, we would be very grateful.

> Thank you everyone! Jenny McGregor - President - 0450 798 874.



## - Remembrance Day in Kendall -Saturday 11th November Service starts at 10:45am

Also celebrating our 100th Year Service! Some seating provided - bring your own chair if needed.

If extremely wet weather the Service will be held in the School of Arts Hall. Lance Gainey - President - 6559 4478



\*Contact Jason 0402 970 175 \*All General Plumbing \*Your local plumber, employing local people, doing local work.

at Kendall Community Hall

Wednesday 9:30 - 10:30am

Contact Sue on 0458 601 616

### **KEW TOWN CENTRE TRANSFORMATION OPENED!**

Port Macquarie Hastings Council (PMHC) has completed its \$2.1 million transformation of the Kew town centre, delivering a more modern and accessible main street for businesses, tourists and residents alike. The grand opening was held on Tuesday 10<sup>th</sup> October 2023.

Local contractors Eire Construction successfully delivered the work on behalf of PMHC, which includes new road resurfacing, new footpaths, new raised pedestrian crossing, new roundabout and medians, new feature walls, formalised car parking and new garden beds.

The project, which received an \$800,000 grant through the Australian Government, \$400,000 from Round Five of the NSW Government's Stronger Country Communities Fund and \$200,000 from Transport for NSW - Centre for Road Safety, also included the reconstruction of the main Ocean Drive/Nancy Bird Walton Drive and Kendall Road roundabout, landscaping, kerb and guttering. PMHC also invested \$800,000 into the upgrades.



Logans Crossing Bridge, the first of five major bridge projects delivered under the NSW Government's Fixing Country Bridges (FCB) program was finally officially opened on

#### NGAIO RICHARDS Acupuncturist/Herbalist

Hannam Vale & Laurieton (Forgiving Foods)

Assisting with pain/distress & the prevention of further damage of any long-term conditions.

30yrs clinical experience at your service.

Hicaps & Eftpos available.



BY APPOINTMENT ONLY

**BREATHEACUPUNCTURE.COM.AU** 

CALL 0414 692 901

## Christmas Appeal 2023





Camden Haven Community at 3 is launching their 2023 Christmas Appeal, which will start from 1<sup>st</sup> December and will support our local families who require assistance at this difficult time.

\* Giving Tree - Purchase a Bauble and donate at counter.

\* Gifts - place under tree indicating age if boy or girl, adult, male or female.

\* Non-perishable food items place under tree.

Photo: Theo, Chairman of Community at 3, Staffan, owner of Kew Corner Store, and Brian Giles-Browne, Co-Chair of Community at 3.



Friday 27<sup>th</sup> October. See photo above. Port Macquarie Hastings Council's Fixing Country Bridges Program is co-funded, with \$21,085,000 million funded by the NSW State Government, \$385,000 from the Australian Government's Bridges Renewal Program and \$500,000 funded by PMHC.

#### For a wide range of quality handicrafts, locally made ... KENDALL CRAFT CO-OPERATIVE LTD Railway Street, Kendall Open every day - 10am to 3pm Find us on FACEBOOK ENDALL STATIC Telephone: 6559 4644 g Dine in or Takeaway g Coffee, cakes, scones, light savoury menu options! g 8:00am to 2:00pm ഗ് Closed Wed & Thurs **ダ PLEASE BOOK for** more than 4 people ഗ്ഗ Phone 6559 0085 **33 River Street, KENDALL**

#### The Kendall Chronicle

November 2023

## The Produce Exchange

The Produce Exchange is a community idea for eliminating waste from your vegetable garden. If you have excess produce, bring it along to our meeting place, and exchange it with other growers.

We meet every Sunday at the Kendall Oval, diagonally opposite Kendall Railway Station, on the corner of Railway Street and Araluen Street from 10am till 11am.

Here's what happens: We bring along what we have - a few onions, some shallots, a bit of spinach or some cut flowers and show our produce to the other growers.



We then have a cup of tea with a slice of cake and talk to everybody. Often the conversation deals with topics such as: how to grow, when to harvest, how to preserve or dry vegetables and fruit, and what can be made from the produce.

Because we have people here from different cultural backgrounds, we are often introduced to unusual vegetables that

## Recipe of the Month ...

#### Ingredients:

250g malt biscuits 390g condensed milk ¾ cup brown sugar – firmly packed 90g butter 2tbs golden syrup 200g dark chocolate melts



#### Method:

- ⇒ Lightly grease a 27cm slice tin with cooking spray. Line bottom with approximately 15 whole biscuits. Crush the remaining biscuits.
- $\Rightarrow$  In a large saucepan place the left over crushed biscuits, condensed milk, butter, golden syrup, and brown sugar.

### - FIRE INFORMATION -

## EMERGENCYDial 000RURAL FIRES - for information1300 643 262

#### LORNE BRIGADE:

Captain:	Aaron Sanders	0438 074 828
President:	Graham Nosworthy	/ 0419 702 993
Secretary:	John Carter	6556 9677
Permit Officers:	Graham	0419 702 993
	Mike	6556 9652
	Craig	6559 0245
CAMDEN HAVEN	BRIGADE:	
Captain:	Tom Patrick	0422 826 138
Secretary:	Allan Hagney	6559 4038
Permit Officers:	Ron	0408 216 885
	Tom	0422 826 138

Dave

we have never seen before. At around about 10.45, we ask people if they would like to take home some of our produce, and the goods are exchanged in an informal way.



We don't want to go home with our own vegetables, so it's good to swap with people. If we have a lot of citrus when it all comes into season, the excess can be picked up by Ozharvest.

We started about 6 months ago, and now have a shared seedbank. Because it is spring, our growers are keen to put in seedlings, so we now deal in potted flowers and vegetables. Cut flowers are always popular, as is cut greenery, so if the vegie patch is not quite producing, these are very acceptable.

Come along and join the talk about how to grow, preserve and eat all the wonderful produce that this region offers.

We are a friendly bunch and love to welcome new people. Come along and check out what we do.

All enquiries: Phone Sheriden on 0429 313 089.

## **Easy Peasy Caramel Slice**

- ⇒ Mix together over medium heat, stirring until mixture begins to boil.
- ⇒ Reduce heat to low, stirring all the time to unsure mixture doesn't stick to bottom of pan.
- ⇒ After about 8-10 minutes the mixture will turn a rich brown colour and will begin to separate from the side of the saucepan.
- $\Rightarrow$  Pour caramel over the biscuit base.
- $\Rightarrow$  Melt chocolate and spread over caramel.
- $\Rightarrow$  Refrigerate to set.

Laurieton Footwear Your Local shoe store! Shoes for the Mon - Fri Whole Family" 9am - 4pm Sat 9am - 1pm Shop 1/66 Bold St. Laurieton (Next to PRD) www.laurietonfootwear.com \* Newspapers THE \* Groceries KENDALL Hot Coffee \* Milk SHOP \* Bread \* Cakes \* Pies \* Ice Cream **Conveniently Local Phone Recharge** \* Gift Cards 4 Comboyne St Kendall & Phone: 02 6559 0201 **Much More!** - 0 **Open 7 Days** 

0402 292 550

## Kendall Music Exchange



<u>Moira and Wayne</u> have been making music together since Wayne built a harp from a kit when they lived in the UK. Wayne taught himself the whistle while he was working in the Scottish Highlands and Scottish and Irish tunes play a major role in their repertoire.

Moira works regularly with Dementia units and in Palliative Care as well as for Memorials. She is a graduate of the International Harp Therapy Program and loves playing the harp. **'Spiral Time'** offer an eclectic mix of hits from the 60's and 70's, interlaced with older classics and bush ballads. Locals Susan Ashton on lead vocals and guitar, Tom McIlveen on guitar, harp and vocals. The duo offer a soothing blend of songs interspersed with some rocky tempos.

- .↗ Doors open at 6.30pm
- Show begins with our Open Mic session at 7.00pm, followed by a supplied light supper, then these two great duos to entertain you all.
- Come along and be part of the entertainment in our open mic.
- Feel free to bring a share plate of cold finger food.
- Entry is \$5.00

### LOCAL HISTORY BOOKS

If you are interested in the area's history books relating to:

- $\Rightarrow$  Kendall
- $\Rightarrow$  Kew, Ross Glen & Heron's Creek

... these are available for sale at Kendall Community Centre - \$25.00 each.

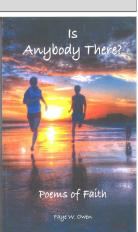
~ Writer's Corner ~

Faye Owen, writer, artist, violinist and long-time resident of the Camden Haven, has just published her long-awaited first book of poetry.

Faye has written well over 500 poems in many styles and genres, and had many included in compendiums of the best work from competitions. She has won a number of major poetry prizes over the years.

This book is a selection of 184 of poems of faith which she has illustrated with 75 black pen drawings.

The cost is \$30 available from the author. Phone Faye on 6559 7622.





## Kendall Community Garden

#### Gardening Fun for Kendall's Daughters and Sons

Whilst most of our members have completed three score or more laps of the sun, there is no lower age limit to participate in the Kendall Community Global Food Garden's working bees.

Henry (pictured) has been a keen gardener since moving to Kendall in early 2022. He has become an expert at raking, watering, riding in the wheelbarrow and, of course, inspecting the local fauna.



Henry is making sure the garden's skinks are healthy and happy.

The educational aspect notwithstanding, Henry enjoys getting to know some of our community elders and there is always delicious cake on a Thursday.

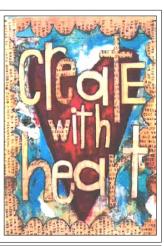
About 10 years ago a fence was built around the garden to help make it safer for young children; it has also proven to be a handy trellis to grow roses, berries and flowers.

Currently, there are blueberries, spring onions, kale, spinach, carrots, beetroots and herbs such as parsley, oregano, mint, and perennial basil.

Come on down Thursday mornings if you would like to learn more about gardening or just snap up some delicious organic spring treats.

## ART CAFÉ

2nd Sunday of the month 10am - 12pm Kendall Community Hall **Next session -12th November 2023** For more information contact Karina on 0431 772 698





OPEL TIPPER HAIR

0428 785 588

# STYLE COUNTRY HAIRDRESSING

0438 594 459



Find us both at Kendall Community Centre

## WHAT'S ON IN LORNE ...

To celebrate 30 years since the Lorne Recreation Centre was opened, we will be hosting
a Morning Tea on Sunday 12th November at
10.30am and invite the community to join us.

'Save the Date' ... Christmas Carols will be held on 16th December.



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4				8				3
	9	5	6		1	8	2	
	2		7		8		3	
	7						8	
	4		2		9		6	
	1	7	3		6	9	5	
6				2				1
		4				2		





September 2023 was the Kendall 70<sup>th</sup> CWA Birthday. Yes, the branch has been around that long.

The photo on the right, was taken at Miss Nellies Café with the Kendall ladies enjoying a wonderful lunch together.

Kendall CWA's 1<sup>st</sup> Birthday was celebrated in September 1953.

Branch meetings were held in afternoons at members' homes.

It became obvious that Kendall needed a baby health clinic as the ladies would take their babies on the "fish train" from Kendall to Wauchope to have their babies checked out.

It was decided in June to write a letter to the Department of Public Health in Sydney to lobby for a Baby Health Centre to be established in Kendall. By August there was progress in establishing the baby clinic.

In April 1954 Kendall CWA had a discussion with the War Memorial Committee and it was decided that the War Memorial Committee would build premises for the Clinic and Community Meeting Rooms on the RSL site. It was agreed that Kendall CWA would subsequently furnish and maintain the baby clinic. The long awaited baby clinic was opened in April 1955.

The Branch has continued to work and support the local community over the last 70 years and we have about 26 members at present.

We invite ladies of all ages to come along and join us. For more information about the Kendall CWA: Phone - NAN BOWMAN - 0400 265 056.

#### WEBSITE - worth checking out!

#### Prepare your documents before an emergency.

The nature of disaster and crises means they can happen suddenly and unexpectedly. Store your documents ahead of time using digital or physical storage solutions.

https://www.nsw.gov.au/emergency/prepare/emergencydoc-prep

### Need a Justice of the Peace?

Alison Haylett JP available at Kendall Community Centre office - Monday to Friday 9am to 1pm.



#### 02 6559 9817

We are a locally owned family practice, committed to quality healthcare. www.laurietonpodiatry.com



Kendall Community Hall

5:40 - 6:40pm

Ali - 0431 463 461

Friday: 9:00 - 10:00am

Please support your local community centre! Get your TRAINLINK ticket **OR Country Pensioner Excursion Ticket** at Kendall Community Centre Weekdays 9:am to 1pm No Booking Fee!!



#### Are you an aspiring or accomplished writer?

Port Writers Inc. offers support and encouragement to you on your writing journey. We offer workshops on poetry, fiction, memoir, and self-publishing. Guest speakers cover a wide range of subjects.

If you like to come along to meet like-minded people to discuss all things in writing, you would be very welcome. We meet on the 4th Saturday of the month from 1:00pm to 4:00pm at the Rotary Centre, Hastings River Drive, Port Macquarie. Follow us on Facebook (www.facebook.com/ portwriters) or contact us by email for more information at portwritersinc@gmail.com



#### **KIDS CRAFT AFTERNOON** September School Holidays.

On Friday 29th September during the School holidays our handicraft officer Elizabeth with a few members of the Kendall CWA put on a Kids Crochet Class. See photo on right.



This was a very

successful class with the children taking home a small crochet item that they completed. It was a fun and enjoyable afternoon with a yummy afternoon tea.

# **COMMUNITY NOTICES** - Please phone the contact for more information regarding each group.

GROUP	DAY/S			CONTACT		
Art Café - Create with Heart						
	2nd Sunday of month	10.00am to 12.00pm	Kendall Community Hall	Karina 0431 772 698		
Book Club Meeting	1st Wednesday	2:00pm	Bookends	Next meeting - Wednesday 1st November		
Camden Haven Girl Guides	every Thursday	Junior - 4:30-6:00pm; Guides & Seniors - 6:30-8:30pm	Laurieton Sea Scout Hall, Tunis St, Laurieton	Kim Woodhouse - 0427 645 145		
Camden Haven PAH&I Show Society	Office open: Wednesday	9:00 am -12:00 md	Kendall Showground	President Ron Porter - Kendall Showgrounc phone - 6559 4463		
Camden Haven Rural Fire Brigade	3rd Wednesday	7.30pm	179 Kendall Road, Kew.	Captain Tom Patrick on 0422 826 138		
Camden Haven Landcare	4th Monday	7.30pm	Kendall War Memorial Hall	Contact Jim on 6559 4352		
Community Playgroup	2nd Wednesday	9am to 10:30am (term time)	Kendall Public School	Phone school 6559 0040 for updates.		
Dru Yoga @ Kendall	every Friday	9:00am - 10:30am	Logan's Crossing Road, Kendall	Contact Carol on 0427 625 751		
Exercise Class - low impact	every Wednesday	9:30 am - 10:30 am	Kendall Community Hall	Sue 0458 601 616.		
Golf Coaching/games	every Sunday	9.00am	Kew Country Club	Luke Garel 6559 4596		
Kendall Boat Shed - Kayaking on the River	Paddles - Tuesday & Thursday 8:00am (Daylight Saving Time)		Kendall Boat Ramp, Old Bridge Road	Diane 6559 0159.		
Kendall CWA	3rd Tuesday	10.00am	War Memorial Rooms	Sue Carter 6556 9677		
Kendall Community Op Shop	Monday - Fri day 9an	n - 4pm; Saturday 9am - 12:30	Phone 6559 0084.			
Kendall Community Preschool	Monday to Friday	8am to 4pm	19 Railway Street, Kendall	Phone 6559 4555.		
Kendall Garden Club	3rd Monday	10.00am	Kendall Community Hall	John Carter - 6556 9677.		
Kendall Community Garden	Thursday	10.00am to 12.00md	Kendall Community Centre	Tin Hta Nu - 6559 4834 or 0448 315 169		
Kendall Kettles Craft	2nd & 4th Monday	9.00am - 1.00pm	Kendall S & C Club	Contact Sue Ward on 0474 873 835.		
Kendall Markets	1st Sunday	8am to 12noon	Kendall Showground	Contact Louise Hudson 6559 4163.		
Kendall Men's Shed	Tuesday Thursday	8.00am - 4.00pm 8.00am - 12.00pm	Kendall Showground	Contact John White on 0427 562 800.		
Kendall Music Exchange	1st Friday of month	Doors open at 6:30pm	Kendall Community Hall	kendallmusicexchange0@gmail.com		
Kendall Riding for the Disabled	Tuesday Wednesday	8:30am - 1:30pm	29 The Old Coach Road, Kendall	Phone 0450 798 874.		
Kendall RSL Sub-Branch	2nd Sunday	10:00am	Kendall S&C Club	Lance Gainey 6559 4478 or 0402 477 390		
Kendall Tennis & Pickleball Club	Check out the Club's website for court hire & competition details - https://play.tennis.com.au/kendallter Phone Wendy on 0419 634 848.					
Line Dancing - Diamonds 'n Denim	every Monday, (not 3rd Monday)	From 11:00am Beginners welcome anytime	Kendall Community Hall	For more information phone Di Andrews 0418 636 278.		
Lone Rangers Craft	every Wednesday	10.00am	Lorne Community Hall	Nicole 6556 9773		
Lorne Rural Fire Brigade	2nd Monday	7.30pm	Fire Stn Stewarts River Rd	Phone Aaron on 0438 074 828.		
Tactile Arts Group at Kendall	Monday to Saturday	9:00am to 3:00pm by arrangement	Kendall Showground	Phone Carol on 0427 625 751		
The Meeting Place Café & Market Bazaar	Every Thursday	9.00am - 12.00md	Kendall Community Centre	Phone 6559 0055 for bookings.		
Pilates with Ali	Monday Friday	4.30pm - 5.30pm 9.00am - 10.00am	Kendall Community Hall	Ali 0431 463 461		

The last word ...

*"There's a saying among prospectors ... Go out looking for one thing and that's all you'll ever find."* 

Robert Flaherty.